

seventeen

FINALLY!
**CLEAR
SKIN**

One Week To
#FLAWLESS
p.66

IGGY
Gets Real
About Haters,
High School, And
Her New Look

Your
ULTIMATE
GUIDE TO
GETTING Into
COLLEGE

You Got This!

READER STORY

**My Life
With Cancer**

"I Didn't Meet
My Augustus
Waters"

BACK-TO-SCHOOL

**Crush
It!**

FIERCE First-Day Outfits

OMG! Cutest. Supplies. Ever.

HOT HAIR By Homeroom



ADVERTISEMENT

seventeen

SECRET'S OUT

OPEN TO DISCOVER HOW TO ENTER THE
#MANIONTHEMOVESWEEPS



FORMULA X

EXCLUSIVELY AT
SEPHORA

MANI ON THE MOVE

SWEEPSTAKES

100 LUCKY WINNERS WILL RECEIVE A NEW FORMULA X THE SYSTEM TO GO 4-PIECE TRAVEL SET OF MANI ESSENTIALS AND MAY BE FEATURED ON FORMULAX.COM

TO ENTER:

- 1** POLISH NAILS AND FOLLOW @FORMULAXNAIL AND @SEPHORA ON INSTAGRAM
- 2** POSE FOR A PHOTO OF YOUR MANI ON THE GO
- 3** POST YOUR NAIL LOOK AND TAG #MANIONTHEMOVESWEEPS ON INSTAGRAM BY 9/30/15

NO PURCHASE OR PAYMENT OF ANY KIND IS NECESSARY TO ENTER OR WIN THIS SWEEPSTAKES. ODDS OF WINNING DEPEND ON NUMBER OF ENTRIES RECEIVED. OPEN TO U.S. RESIDENTS 18 OR OLDER (AND AGE OF MAJORITY). ONE HUNDRED PRIZES (APV \$16) AWARDED BY RANDOM DRAWING. ONE ENTRY PER PERSON. SPONSORED BY KENDO HOLDINGS INC. FOR COMPLETE RULES AND ENTRY DETAILS, VISIT WWW.FORMULAX.COM/SEVENTEENSWEEPS.



FORMULA X



FORMULA X

*TWICE THE WEAR**
*TWICE THE SHINE***
STAY POLISHED LONGER

KISS GEL GOODBYE

THE ULTIMATE LONG-LASTING SALON-QUALITY MANICURE AT HOME. GET A **FREE POLISH** WITH PURCHASE OF **THE SYSTEM**.



ONLY AT SEPHORA AND SEPHORA.COM

THE SYSTEM TESTED V. A LEADING POLISH ALONE SHOWED SUPERIOR OVERALL WEAR AND APPEARANCE INCLUDING *2X LESS CHIPPING AFTER DAY 8 AND **2X THE NUMBER OF USERS WHO DID NOT SEE SHINE FADE UNTIL DAY 10.

COVERGIRL®

EASY BREEZY BEAUTIFUL

KATY PERRY

©2015 P&G

SUPERSIZE YOUR LASHES

Go for some **#LASHFAME!** Put yourself
in the video at covergirl.com/supersizer



INTRODUCING
THE
**SUPER
SIZER**
MASCARA

Katy is wearing lash inserts.

COVERGIRL®

NEW

INTENSIFY ME!

LINER



GO BOLD. OR GO FINE.

Liquid liner intensity
made easy.

Paddle-shaped tip
lets you choose
the perfect line
to intensify
your eyes!



COVERGIRL

THE SUPER
SIZER

NEW
LASH STYLER FOR
400%
BIGGER
VOLUME



WHEREVER
YOU WANDER

AEO DENIM X

KEEPS ITS SHAPE & WON'T BAG OUT



AMERICAN EAGLE
OUTFITTERS
ae.com

A close-up portrait of actress Emma Stone with her hair styled in a voluminous, wavy brown bob with bangs. She has a soft, romantic expression, looking slightly off-camera. Her lips are coated in a vibrant, glossy red lipstick. A large, hand-drawn red heart outline is superimposed over her face, framing her eyes and nose. In the lower foreground, her hands are visible, holding two silver Revlon lipstick tubes. One tube is held vertically, showing the brand name 'REVLON' on its silver band. The other tube is held horizontally, with its red lipstick tip touching the first tube. She is wearing a white collared shirt and a delicate gold ring with a small clear stone on her finger.

“WHEN YOU FALL IN LOVE,
EVERYTHING IS BRIGHTER,
BOLDER, MORE INTENSE.”

EMMA STONE, ACTRESS

ROMANCE IS ON



REVLON ULTRA HD™ LIPSTICK

Unique **wax-free gel formula** for **lightweight, high-definition color** in one smooth swipe.

20 standout shades to love.

REVLON ULTRA HD™ LIPSTICK

VS.

TRADITIONAL LIPSTICK

EMMA STONE WEARS HD GLADIOLUS.

REVLON

LOVE IS ON™



THERE NO TR WITHO THE D



Sperry, the original boat shoe. Worn by
intrepid souls since 1935. Available at

JOURNEYS

'S
OUTH
OUT
ARE.

ODYSSEYS AWAIT



SPERRY

Since 1935

SPERRY: JAMES M. HARRIS; SHIRT: JAMES M. HARRIS; SHIRT: JAMES M. HARRIS





EXPRESS

AIR OPTIX® COLORS

contact lenses

MY NATURAL EYE COLOR
IS BEAUTIFUL BUT
ENHANCING IT
IS FUN

BEFORE

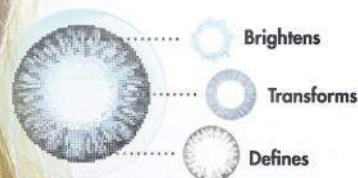
AFTER

BLENDS NATURALLY



STAYS COMFORTABLE^{1,2}

3-IN-1 COLOR TECHNOLOGY



EMMA ENHANCED HER EYE COLOR
WITH BLUE

VIRTUALLY TRY ON YOUR PERFECT COLOR
AT WWW.AIROPTIXCOLORS.COM. MAKE AN
APPOINTMENT WITH AN EYE DOCTOR TODAY.

Important information for AIR OPTIX® COLORS (lotrafilcon B) contact lenses: For daily wear only for near/far-sightedness. Contact lenses, even if worn for cosmetic reasons, are prescription medical devices that must only be worn under the prescription, direction, and supervision of an eye care professional. Serious eye health problems may occur as a result of sharing contact lenses. Although rare, serious eye problems can develop while wearing contact lenses. Side effects like discomfort, mild burning or stinging may occur. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye doctor.

References: 1. Alcon data on file, 2012. 2. Alcon data on file, 2014.

Ask your eye care professional for complete wear, care and safety information.



© 2015 Novartis 06/15 AOC15145JAD

Alcon
a Novartis company



9 COLORS AVAILABLE



5 SUBTLE SHADES

4 VIBRANT HUES

PERFORMANCE DRIVEN BY SCIENCE™

SEPT

FASHION

35 CAPTAIN CHIC

Military-inspired pieces to snap up stat.

36 FALL TRENDS

How to find your #squadstyle and totally rock it!

44 FIRST DAY ESSENTIALS

Your stress-free guide to kicking off the year right.

46 TAME YOUR CLOSET

Here's what to keep and what to donate!

48 WHAT TO PACK FOR... COLLEGE

Our handy list covers all your bases.

52 \$50 & UNDER

Score a girly-grunge look on the cheap.

108

SEW TALENTED

Check out new looks from recent grads of Parsons School of Design (plus famous alums!)



Flora Gill and I were lucky to learn from exceptional teachers at Parsons who introduced us to style movements we didn't know about."

—Alexa Adams,
half of the design duo Ohne Titel,
who designed this outfit!



116

ENGLISH (IS) MAJOR.

Statement makeup looks from across the pond!

BEAUTY

55 PENCIL IT IN

Find gorge sticks for your eyes, lips, and more!

56 SLEEP IN—STILL LOOK PRETTY!

Makeup you can do in under 5 minutes.

66 BETTER SKIN BY SCHOOL

All it takes is a week and these simple steps.

68 "MY ACNE NIGHTMARE"

How our beauty editor beat her skin challenges.

70 YOUR BEST AIR-DRIED HAIR

Never worry about poufy, frizzy, or flat hair again!

72 LOCK DOWN YOUR LOOK

Turn your locker into a beauty touch-up station!

76 HOW TO SURVIVE... PICTURE DAY

Get a photo that you'll love forever!

78 FIND YOUR BEAUTY DREAM JOB

A Benefit intern spills her best insider scoop.

82 CHEAP THRILLS

Amazing products for a steal!

85 BEAUTY NEWSFEED

Score great new scents, shampoos, and polishes.

FOLLOW SEVENTEEN.COM EVERYWHERE!



23 MUST SHARE NOW

New shows, books, and crushes (see right!) to heart.

26 POWER GIRLS

Genius job tips from a 22-year-old (!) CEO.

122 LET'S TALK ABOUT... RACE & REALITY

A special *Seventeen* summit.

BODY & HEALTH

90 CAN YOU MAKE YOUR PERIOD SHORTER?

We investigate all those cray Internet rumors!

92 CANCER IRL

Kat, 16, tells you what battling the disease is truly like.

YOUR CIRCLE

95 MAKE YOUR SUMMER LOVE LAST

Fun ways to stay connected.

96 LIVING IN MY SISTER'S SHADOW

Demi Lovato's baby sis, Madison, opens up.

87

ENERGY BARRE

A workout to get you soaring!

98 THE COMPARISON COMPLEX

Can friends with differences still get along?



126 HOW TO GET INTO COLLEGE (WITHOUT LOSING IT)

Where to apply, which tests to take, and how to nail that essay!

DON'T FORGET...

- 18 ▶ hi from michelle
- 20 ▶ all your likes
- 136 ▶ traumarama
- 138 ▶ horoscopes
- 139 ▶ enter for a chance to win ...
- 140 ▶ my advice: mindy kaling

134

YOUR CHEAT SHEET TO ... COOL SCHOOL SUPPLIES!



FACE FORWARD

Dress for yourself. Dream big.
Find your voice. And put it out there.

Tavi Gevinson #faceforward

CLINIQUE

Allergy Tested. 100% Fragrance Free.



3-Step Skin Care. Try a simple routine and make it your own.

THE REALST

Iggy spills all about mean girls, plastic surgery, and her secret to happiness.

Iggy with
Seventeen staffers

TO GET IGGY'S LOOK

Lips

REVLON
ColorBurst Matte
Balm in Complex, \$9,
revlon.com

Nails

REVLON
Nail Enamel in Ethereal,
\$5, revlon.com

Brows

REVLON Brow Fantasy in
Light Brown, \$8, revlon.com

Face

REVLON
PhotoReady
Insta-Fix in Shell, \$14,
revlon.com

Behind the Scenes With

IGGY AZALEA

• Fast Lane

Instead of taking a chauffeured SUV to our L.A. shoot, the rapper drove herself in her so-fancy white Ferrari.

• Chilled Out

Comfy clothes are your bae, right? They're Iggy's, too. She arrived wearing a cute pair of VS PINK sweats.

• On the Menu

Lunch was comfort food: rotisserie chicken and mac and cheese. Between takes, Iggy ate berries and pineapple.

• Old-School Vibes

She posed to hip-hop jams by DJ Jazzy Jeff and The Fresh Prince (aka Will Smith!), Lil Wayne, and Jay Z.

Scent

With hints of grapefruit and cedar, this spritz is a new classic, just like Iggy.

CHANEL Chance Eau Vive Eau De Toilette Spray, \$77 for 1.7 oz., chanel.com



ON IGGY: (above) dress, Monsoni; necklace, Arme de L'Amour; bracelet (worn throughout), Iggy's own Cartier; pinky ring, Melinda Maria; all other rings, Knights of New York; (newsstand cover, left) top, alicia + olivia by Stacey Bendet; skirt, Calvin Klein; bracelet, Maria Francesca Pepe; (subscriber cover) sweater, Ash Studio Paris; vest, Elizabeth and James; earrings, Depuis 1924; rings (with pearls), Maria Francesca Pepe; (thin band) WWAKE; bracelets, Arme de L'Amour.

Fashion Stylist: Alejandra Hernandez. Hair: Ursula Stephen. Makeup: Cassie Lomas. Manicure: Linh Huynh. Photographs: Max Abadian.

FACE FORWARD

Spin your own story. Take some risks.
Seed something new.
And make it your business.

Hannah Bronfman #faceforward

CLINIQUE

Allergy Tested. 100% Fragrance Free.



3-Step Skin Care. Try a simple routine and make it your own.



Karlie Kloss

Get your gloss on at AdvancedHaircare.com

DULL HAIR? CHANGE IT. GLOSS IT.
NOW TAILOR-MADE CARE WITH GLYCO-SILK.

BECAUSE YOU'RE WORTH IT.™



NEW

NUTRI-GLOSS

HIGH SHINE SHAMPOO

- OUR 1ST SHAMPOO SYSTEM THAT ACTS LIKE A GLOSSING TREATMENT WITH EVERY USE
- THE SYSTEM INCLUDES SHAMPOO, CONDITIONER + GLOSSING MIST
- HELPS SEAL IN NUTRITION TO EVERY STRAND

THE POWER OF BEAUTIFUL HAIR. EVERY DAY.

L'ORÉAL
ADVANCED HAIRCARE / PARIS

One of the questions I've gotten a lot during my career is: **What's your favorite part of being an editor?** Usually I start babbling about my passion for talking to people and telling their stories. Plus, access to the beauty closet doesn't hurt. But since joining *Seventeen*, my response has changed.

There is nothing more thrilling than meeting girls like you. When I had time to chat with Kat Tiscornia, who bravely writes about what it's really like to live with cancer as a teen (page 92), **I was inspired by her honesty and her perseverance.** When I shake hands with readers like college-grad-turned-CEO Katlyn Grasso (page 26), **I think, Well, she's going to be my boss one day.** When I heard about how Lucy Jones created clothes that catered to the needs of people in wheelchairs while she was at The New School's Parsons School of Design (page 115), **I was in awe of her innovation.** And when there are headlines like the tragic shooting in

Charleston, which happened just weeks before we finished this issue, **I am encouraged** by teens like Tia, Amara, and Deborah, who shared their varying thoughts on race (page 122)—and a mutual hope that we can move beyond hate and embrace love more.

So now when people ask me what my favorite part of my job is, my new answer is *you*. **Each one of you offers a fresh perspective, a unique life experience, and a voice that is powerful and meaningful.** I am honored to fill this issue with those voices, and

I hope you find all the stories as insightful, entertaining, and eye-opening as I do.

Michelle

MICHELLE TAN
EDITOR-IN-CHIEF
michelle@seventeen.com
Twitter: @MichAnnTan
Instagram: @MichAnnTan



Kat let me crash her NYC photo shoot (above), and contributing writer Bernadette Anat (right) connects with 18-year-old Amara during our first-ever *Seventeen* Summit.





BLOW DRY IT

GET A PRO-LOOK BLOW OUT UP TO TWICE AS FAST.
POWER YOUR STYLE.

L'OREAL
PARIS

ADVANCED HAIRSTYLE

GET THE LOOK AT
HAIRSTYLE.COM

©2015 L'Oréal USA, Inc.

17 POLL

WHAT'S YOUR FIRST-DAY LOOK?



RELAXED
27%



POLISHED
73%

YOU COULD WIN
\$500

Take our reader-feedback survey online!

See page 139 for details, or log on to septembersurvey.seventeen.com.

WHAT YOU'RE WINNING

Drop everything—we have hot guys with puppies, giving you love advice. Zach (right) says, "I want a self-respecting girl who knows her worth." #SWOON

To meet our HOT GUY PANEL, visit pinterest.com/seventeen.



MOST ♥'D #OOTD

Follow @seventeen on Instagram for daily fashion inspo.

17.5K
LIKES!



DRESS ASOS.
CLUTCH Sara Battaglia.
SHOES Nasty Gal.

OUR FAVE READER COMMENTS

@chantalsarji

@justinbieber's #seventeenmagazine shows hot pictures of our idol and how he's changed. That's what makes this magazine great.



@sherfrances_xox

Let's just say I almost knocked my sister over to grab this magazine... @justinbieber #SeventeenMagazine

@besitos_andi

Got @KarlieKloss in the #Seventeen Magazine supermodel quiz this month! 😍 Loving the beauty picks that were inspired by her look.



@_madisonline

As if I weren't already excited for #PaperTowns! @halstonsage, you're killing it in @Seventeen

@ellisenichol

Shout-out to Noelle Stevenson for being an inspiration to all aspiring young creatives! #17mag #bookdeal



"SHAVING WITH SOAP AND WATER
WON'T GET YOUR LEGS
THIS SOFT AND SMOOTH!"

- Jana Kramer



Pure Silk Shave Cream contains aloe to moisturize your skin, giving you the smoothest, most touchable legs without irritation. Shaving with Pure Silk is the easiest way to *love your legs!*

PureSilk®

5 ASCENT GUM

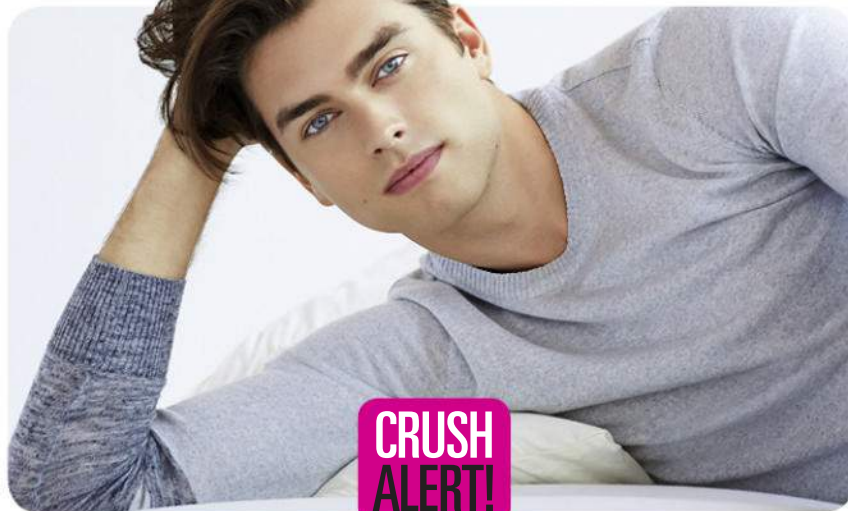
AN INTENSIFYING WINTERMINT



STIMULATE YOUR SENSES

*Everything worth posting about.

MUST SHARE NOW



CRUSH
ALERT!

Pierson Fodé

If this guy's light eyes don't get you, his sweet side sure will. See him costar with Victoria Justice ([his real-life GF!](#)) in *Naomi & Ely's No Kiss List*.

How did you get into acting?

I'm from a very small farm town in Washington called Moses Lake. I was expected to be a farmer, but the first thing I ever wanted to do was act. When I was 18, I moved to Kansas City, Missouri, for a film internship. Then I became a model, which helped me get to acting.

You play Ely, who is Naomi's gay BFF, in the film. How did you prep?

The experience was kind of eye-opening. I interviewed two of my gay friends and gathered their entire life stories. It gave me a much better understanding of what the coming-out process is like.

The movie is based on a beloved book. Has the plot changed much?

The book goes off on a lot of stories about the other characters, but the movie is more focused around Naomi and Ely. I think fans will be happy.

You met Victoria while on set. How did you two start dating?

The turning point was when I looked at Victoria [who plays Naomi] one day and was like, "I've never kissed a guy before so, um, I'm going to kiss you right afterward." And she just kind of stared at me and was like, "Okay." And that is exactly what I did.

What do you like to do together?

We're both pretty quirky. One Halloween, we just went out and got lost in New York doing the most random things. We bought black-and-white cookies and a bunch of fruit and just explored the city. That was a fun one.

Do you have any other hobbies?

I grew up playing soccer and cliff jumping. Now I'm into parkour. You can swing around and act like a goof. I love the adrenaline rush.

—ALEX ABEL

TV SYLLABUS

Need a study boost? Tune in to these new reality shows and get inspired by the stars' success secrets. Take notes!



To Get
Focused

Startup U

This ABC Family show will give you a push to finally launch that bracelet-making biz—or just tackle some tough precalc.

Watch and learn as these entrepreneurs try to get their ideas off the ground.



To Get
Creative

Todrick

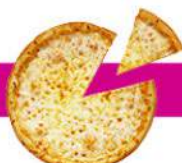
You probably recognize **Todrick** from his dance musical—like YouTube videos. Now, in his very own MTV docu-series, you'll see how all that magic goes down—and it'll get you pumped to crank out an art project or an English paper.

MARK YOUR
ICAL



SEPTEMBER 1

Throw on your party hats. Resident style queen **Zendaya** is turning 19!



SEPTEMBER 5

Three words: **Cheese Pizza Day**. You can take it from here, right?



MAC
COSMETICS

Viva Glam
Miley Cyrus II
Lipstick, \$17,
maccosmetics.com

SEPTEMBER 10

Pucker up! **Miley Cyrus's** MAC Viva Glam collab is out today.



SEPTEMBER 13

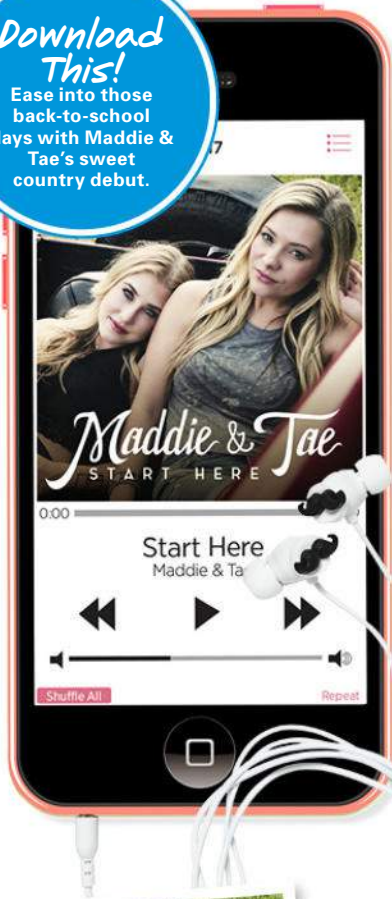
Scope out major inspo and get #blessed on **Positive Thinking Day**.



SEPTEMBER 18

See Dylan O'Brien and his squad face new obstacles in the *Maze Runner* sequel.

Ease into those back-to-school days with Maddie & Tae's sweet country debut.



It's Fortune Cookie Day on September 13! What would it be like if celeb tweets were the messages you found inside?



Lucy Hale @lucyhale



Anna
Di Francesco

Ingrid Nilsen @ingridnilsen
(don't listen to all the other lies!)



Cara Delevingne @Caradelevingne



Check out Sasha's
YouTube channel
@abookutopia.

BookTalk

Booktuber [Sasha Alsborg](#) is 18 and obsessed with a good page-turner. Here, she gives you exclusive reviews of what's required reading right now.

1 *Everything, Everything*, Nicola Yoon
"Nicola Yoon's first novel will give you butterflies. In this romance, Madeline is allergic to the world—literally—but falls for the boy next door in a complicated love story."

2 *Another Day*, David Levithan

"While *Every Day* paid tribute to the importance of a single day, David Levithan's sequel does the opposite, showing aspects of life that need time to develop. He adds depth to a world that seems so close yet so unattainable."

3 *Six of Crows*, Leigh Bardugo

"Leigh Bardugo sucks you into a fantasy world with her new series. The plot follows six main characters as they embark on a captivating suicide mission."

4 *Don't Fail Me Now*, Una LaMarche

"Two estranged siblings form a deep bond as they go on a road trip to visit their dying father. You'll see racial tensions at play along with tearjerking moments."

5 FLAWD, Emily-Anne Rigal

"FLAWD just makes you feel good about yourself. The honest read shows that your flaws not only make you beautiful, but also uniquely you!"

6 *Queen of Shadows*, Sarah J. Maas

"The fourth book in the *Throne of Glass* series is just as *Amazing* as the first three. Celaena, the strong heroine, will leave you feeling empowered."

[illegible]

Clearer skin. No prescription.

Fights even stubborn acne, in just one day.



NEW Neutrogena® Rapid Clear® Stubborn Acne.
Clinically proven to rapidly reduce size and redness
of stubborn acne **in just one day.**

It's formulated with maximum strength Benzoyl Peroxide,
the acne medicine dermatologists recommend most for
clearer skin, without a prescription.

See real teens and real results at
www.RapidClearResults.com

Neutrogena®

#1 Dermatologist Recommended Skincare



“ *I Was a* **CEO** *by My* **SENIOR** **YEAR** *of College!* ”

Katlyn Grasso, 22, made it her business to help girls find their voice—and be bold.

By **ANDREA STANLEY**

Ever since Katlyn was 12 years old, she had #girlboss goals. She knew she wanted to run her own company and even wrote letters to her favorite entrepreneurs, including Arianna Huffington and Tory Burch (both responded!), to get advice. In high school, she started two organizations—one that delivered toiletries, like toothpaste and deodorant, to victims of domestic and sexual violence, and another that provided books to underprivileged kids. She saw the power of giving back and realized she wanted to start a business that was less about making money and more about bettering the world.

"I viewed entrepreneurship as the driving force behind social change," Katlyn says. "And I wanted to inspire girls to be the best versions of themselves." So in the spring of her junior year of college, Katlyn launched GenHERation, a free online network that gives high school-age girls a chance to work with national corporations and nonprofits.

Every month, the site posts a new opportunity for girls to submit ideas for an advocacy campaign linked to a specific company. The winner is paired with a mentor at the organization who will work to bring her idea to life over the course of a few months. Previous winners have worked with the American Heart Association to develop CPR training programs in her school district and Wicked Cool Toys to highlight the need for STEM (science, technology, engineering, and math) toys for girls. Additionally, GenHERation has expanded to award scholarships, offer skill-building activities, and host leadership conferences across the country. "I hoped that by helping girls gain confidence in their leadership abilities at a young age, they would be more likely to pursue positions of power in the future," Katlyn says. When Katlyn started, 250 girls used the site. Today, there are 15,000.

But it didn't happen overnight. After graduating from high school in 2011, she went to The Wharton School of the University of Pennsylvania, where she began working on her big idea. Before jumping into her junior year, she interviewed female executives and educators as well as hundreds of high school girls about the way they perceived themselves as leaders—did they have confidence, a support system, a role model? Based on her research, she put in 40 hours a week for about a year to develop a Web site and connect with corporate sponsors—on top of juggling her college course load. By the spring of 2014, GenHERation was born.

Next up on her résumé: "Total domination!" she says. "I want to develop GenHERation into a global company that empowers girls everywhere." A doable goal since Katlyn just graduated in May with a degree in economics—and a \$150,000 award from UPenn to work on her company full-time. And what will she be up to when she's not taking over the world? Katlyn says with a laugh, "I love traveling, tap dancing—and buying blazers."

Her Success Secrets

1. CHAT UP EVERYONE

"It's the best way to learn about new opportunities."

2. HAVE A BUSINESS CARD

"Even if you don't have a company—it shows dedication."

3. BE YOUR BIGGEST FAN

"The most important accessory you'll ever wear is confidence."



WILLA Face the Day SPF 30 Tinted Protection, \$18.50, willa.com; WILLA Zero Shine Oil-Free Mattifying Lotion, \$24, willa.com

BEAUTY BOSS

Willa Doss

The 15-year-old started willa, a beauty line to improve your skin—and help you earn money!

Q What inspired you to start willa with your mom?

My mom had skin cancer at 29, and she was always nagging me to wear sunscreen and also to wash my face—but I just didn't have a routine I loved. So I wanted to create products that were safe and effective, and that educated girls on the overall importance of healthy skin care. Skin is your best makeup!

Q Girls can actually sell willa. How does that work?

We started in retailers in 2010, but we noticed girls were our best salespeople. So we pulled out of stores in 2013 to create a social-selling model, which we launched this past April, where girls can start their own businesses selling our products. They receive 25 percent commission on everything they sell personally, and it bumps up to 30 percent if they sell more than \$2,000 in a month. We also offer a matching program when girls contribute money to a \$29 college-savings plan.

Q What has been your biggest struggle?

I wish I could be at willa full-time, but for now I know school has to be my priority. I try to go to willa headquarters every day after school for a few hours.

Q Any advice for girls who want to start a company?

Start now. Don't doubt yourself. There's a mind-set that you have to be an adult to make a difference or have a "real" job or be a leader. I think willa proves girls can make it happen now.

Make a Killer First Impression!

Going on an interview is serious business. Katlyn shares how to look and sound like a pro. #hired

Dress the Part:

"Collect a few staple pieces—including a dress, a blazer, and a skirt—that project a professional image. Use one impact accessory, like a bright pair of earrings or a fun ring, to reflect your personality."

Obey the 3-Second Rule:

"Begin with a firm handshake—it should last three seconds. During the meeting, maintain eye contact, ask questions—not about salary or vacay time if it's your first sit-down—and take notes. And turn off your phone!"

Do Your Research:

"The Internet makes it easy to learn where someone went to college and what her last three jobs were," Katlyn says. "It's impressive when you come prepared with unique details to incorporate into the conversation. Put what you know into three categories—for example, education, career path, and community involvement—so when those topics come up, you can naturally bring them up in conversation."



LONGER
LASTING
COLORS
WITH
SPLAT
FADE
DEFENSE

NEXT TO SPLAT HAIR COLOR



seventeen

Editor-in-Chief

MICHELLE TAN @michanntan

Executive Editor JOEY BARTOLOMEO @missjoeyb

Creative Director NICOLE MAZUR

Executive Managing Editor JOHN DIOSO @johnnydioso

Executive Fashion Director AYA KANAI @ayatkanai Executive Beauty Director LEAH WYAR @leahwyar

Fashion Market Director GINA KELLY @gkellyme

Executive Entertainment Director DANA STERN SCHWARTZ @DanaStern25

Photo Director JORDAN BARNES @jordiebny Design Director WENDY ROBISON

Managing Editor ALISON SHEFFER JURADO

Special Projects Director LAURA BROUNSTEIN @laurabrounstein

Web Director BETSY FAST @betsyfast

FASHION

Senior Market Editors SARAH CONLY, ABBY KALICKA @ajkalicks

Senior Fashion Editor JAMES WORTHINGTON DeMOLET @jamesdemolet

Senior Accessories Editor KATHY LEE

Bookings Director STEVEN BROWN @sbro911

Accessories Editor NICOLE FINEO @nicolefineo Fashion Editors AEYUNG KIM @aeyung, ADAM MANSUROGLU

Fashion Assistants SHALAEYA BROWN, LINDA QUINONES, JENNA WOJCIECHOWSKI

BEAUTY

Deputy Beauty Editor MARTA TOPRAN @martatopran

Beauty Editor MADDY ZOLLO @maddyzollo Beauty Assistant KATE FOSTER @katebfoster

FEATURES

Senior Editor ANDREA STANLEY @andreastanley

Music & Entertainment Editor SERGIO KLETNOY @sergiokletnoy

Associate Editor HEATHER VIGGIANI @heatherviggiani

Assistant Editor ALEX ABEL @abela18

Editorial Business Coordinator CARYN KANARE Assistant to the Editor-in-Chief CHLOE CHASE @boulderbitty

ART & PHOTOGRAPHY

Photo Editor ANTONELLA D'AGOSTINO @antonelladolhouse

Designer MOLLY APFELROTH @mollyrene825

Digital Imaging Specialist CARLOS PAREDES

COPY

Copy Chief MARISA CARROLL

SEVENTEEN.COM

Deputy Site Editor KRISTIN KOCH @krismkoch

Web Editors ELIZABETH DENTON @elizabethann1, NOELLE DEVOE @noelle_cd

Social Director ELISA BENSON @elisabenson

Social Media Editor ARIEL NAGI @arielnagi

SEVENTEEN APPS

Application Producer KYLE KEARBAY @kyle_kearbey

CONTRIBUTING EDITORS

DENISE CALDWELL @dcfashionista1, CHELSEA CROCKETT @liciousinsider,

AMBER MADISON @ambermadi, MEGHAN ROSETTE @meghanrosette

FREELANCE CONTRIBUTORS

JILL AMOS (PHOTO), BRIAN CARROLL (COPY), ALYSIA DE MAIO (FASHION),

JENNIFER KELLY GEDDES (RESEARCH), JEN KOVACH (ART)

PUBLIC RELATIONS

Director of Strategy and Communications HOLLY WHIDDEN Public Relations Manager LAUREN DEMITRY

INTERNS

KAYLEIGH ADAM, OLIVIA BAHOU, ARIEL BERKOWITZ, AMELIA BOCCACCIO, ERICA BROWN, CLAIRE BUCKLEY, BECKY BYRON, RENEE CHERRY, MADISON FELLER, TATIANA FOGT, DANIELLA FRANCHETTI, NINA GAMGORT, SHELLEY GOLAN, ILANA GOLDWASSER, MADELINE GOODE, JACQUELINE JUSTICE, BAILEY KIRCHER, NICOLETTE KLUMB, CAROLIN LEHMANN, MARGARET McDEVITT, ALEXIS McDONNEL, CHRISTINA MEISSNER, MADDIE MUTSCHELLER, HALLIE PARKER, LAUREN PflIEFFER, ALEX POPELSKY, ERIN REIMEL, MICHELLE SCHWARTZ, WESLEY SHAW, SAMANTHA SIEGFRIED, ELENI SKOUTAKIS, RACHEL SOLOMON, JACLYN TURNER, REBECCA VOORHEES, JULIA WEBB, JESSI WILSON, NATALIE ZIPPI

Editorial Director
JOANNA COLES



Splat
Rebellious Colors



Everything you need for extremely vivid color!
Kits Include: Bleach, Peroxide, Hair Color & Gloves

Available at CVS, Discount Drug Mart, Drugstore.com, HEB, K-mart,
Meijer's, Rite-Aid, Safeway, Ultra, and Walgreens

splathaircolor.com
facebook.com/splathaircolor



fringe benefits

AMERICAN RAG

Only at Macy's.

Fringed vest. 89.50. ★ 2327679.

Tie-front top. 49.50. ★ 1575868.

Pintucked flare jeans. 69.50.

★ 2329805. All for juniors.

the magic of
 macy's
.com

Free shipping with \$99 purchase. Free returns by mail or in-store. U.S. only. Exclusions apply. Details at macy's.com/freereturns.
Advertised merchandise may not be carried at your local Macy's and selection may vary by store. 5070031.

AMERICAN RAG

Only at Macy's.

Aztec print fringed duster. 59.50.
★ 2329804. Flyaway tank top with
crocheted bib. 49.50. ★ 2329802.
Pants. 59.50. ★ 2329920.
All for juniors.

Free shipping with \$99 purchase
& free returns at macys.com

The hottest trends.

The coolest brands.

Come in or visit

macys.com/mstylelab

★ mstylelab

TWEEZERMAN
brush iQ

CONTOURING



FINISHING CONTOUR BRUSH

BOLD BROWS



BROW BRUSH

DRAMATIC EYES



LINE GLIDER™ BRUSH



SHOP NOW
AT ULTA AND AT
TWEEZERMAN.COM

GET TIPS FROM CELEBRITY
MAKEUP ARTISTS:
YOUTUBE.COM/TweezerManNY

BEHIND THE SCENES, CONTESTS
+ MORE: @TWEEZERMAN

seventeen

Senior Vice President/Publishing Director/Chief Revenue Officer
DONNA KALAJIAN LAGANI

Associate Publisher, Advertising and Marketing
STACY NATHAN

Associate Publisher, Marketing HOWARD GRIER
Advertising Director TERRY ALVAR
General Manager LARRY GREENBLATT

NEW YORK 212-649-3100

Beauty Directors EMILY MICHAEL COHN, DANI GORMAN POLLACK, EMILY KELTON

Account Directors LINDA KORMAN, CHRISTINE TEBCHERANY @christeb87,
NADINE S. WAXENBERG @nadinewax

Advertising Services Manager MELISSA WONG

Executive Assistant to the Publishing Director LYNN GOLDSTEIN-GARGUILO
Sales Assistants NICOLE BRAMBLE, LANEY KAY, WARREN REJ

MIDWEST 312-251-5347

Account Director ROBIN BILLIE @billie17 **Sales Assistant** MEGAN FECHNER

SOUTHWEST 214-363-6191

Account Director MICHELLE MIZE **Sales Assistant** MEGAN FECHNER

WEST COAST 310-664-2986

Account Director JEE AHN **Sales Assistant** SERENA GREEN

DIRECT RESPONSE

Account Director CHELSEA PALLADINO

INTEGRATED MARKETING

Creative Services Director LAUREN MURPHY @lemurphy

Senior Integrated Marketing Managers ARIEL KAYE @arielbkaye, AMANDA SHAPIN, TRACEY SKALER

Integrated Marketing Managers COURTNEY TURNBULL, KELSEY STOKES @kelseymstokes

Integrated Marketing Associate SAMANTHA IMPARATO

Promotion Design Director JESEKA HAHN @voda_creative **Promotion Art Director** LOIS STRASBERG

MARKETING RESEARCH

Director of Marketing Strategy VICKI DREYER FISCHER
Research Manager LYNN SESSA

PRODUCTION

Group Production Director CHUCK LODATO
Group Production Manager JULIETTE CACCIA
Premedia Manager VIVIAN SUCHMAN

CIRCULATION

Consumer Marketing Director HEATHER J. PLANT

HEARST MAGAZINES DIGITAL MEDIA

Senior Vice President, Chief Revenue Officer TODD R. HASKELL

Executive Director Sales & Marketing TARA SCHMITT

Associate Director of Content Strategy HANNAH ZISMAN

Senior Marketing Manager ALLISON MATTHEWS

PUBLISHED BY HEARST COMMUNICATIONS, INC.

President & Chief Executive Officer STEVEN R. SWARTZ

Chairman WILLIAM R. HEARST III **Executive Vice Chairman** FRANK A. BENNACK, JR.

HEARST MAGAZINES DIVISION

President DAVID CAREY @careyathearst

President, Marketing & Publishing Director MICHAEL A. CLINTON @macclinton

Editorial Director ELLEN LEVINE

Publishing Consultants GILBERT C. MAURER, MARK F. MILLER

HEARST MAGAZINES INTERNATIONAL EDITIONS

President & CEO DUNCAN EDWARDS **Senior Vice President/CFO & General Manager** SIMON HORNE

Senior Vice President/Director of Licensing & Business Development GAUTAM RANJJI

Senior Vice President International Publishing Director JEANNETTE CHANG

Senior Vice President/Editorial Director KIM ST. CLAIR BODDEN

Executive Creative Director, International Branding PETER YATES

Senior International Editions Editor CAROL CAMMERO

Editor, Argentina LAURA VIGO **Editor, Mexico** LILIANA DELGADO

Editor, Thailand PRAYER KAVITANON

FOR A SUBSCRIPTION, GO TO SUBSCRIBE.SEVENTEEN.COM. FOR CUSTOMER SERVICE, GO TO SERVICE.SEVENTEEN.COM.
FOR SUBSCRIBER QUESTIONS, WRITE TO P.O. BOX 6000, HARLAN, IA 51593

#CheersTo5Years

MATERIAL GIRL

only ★ macy's

Sofia Richie

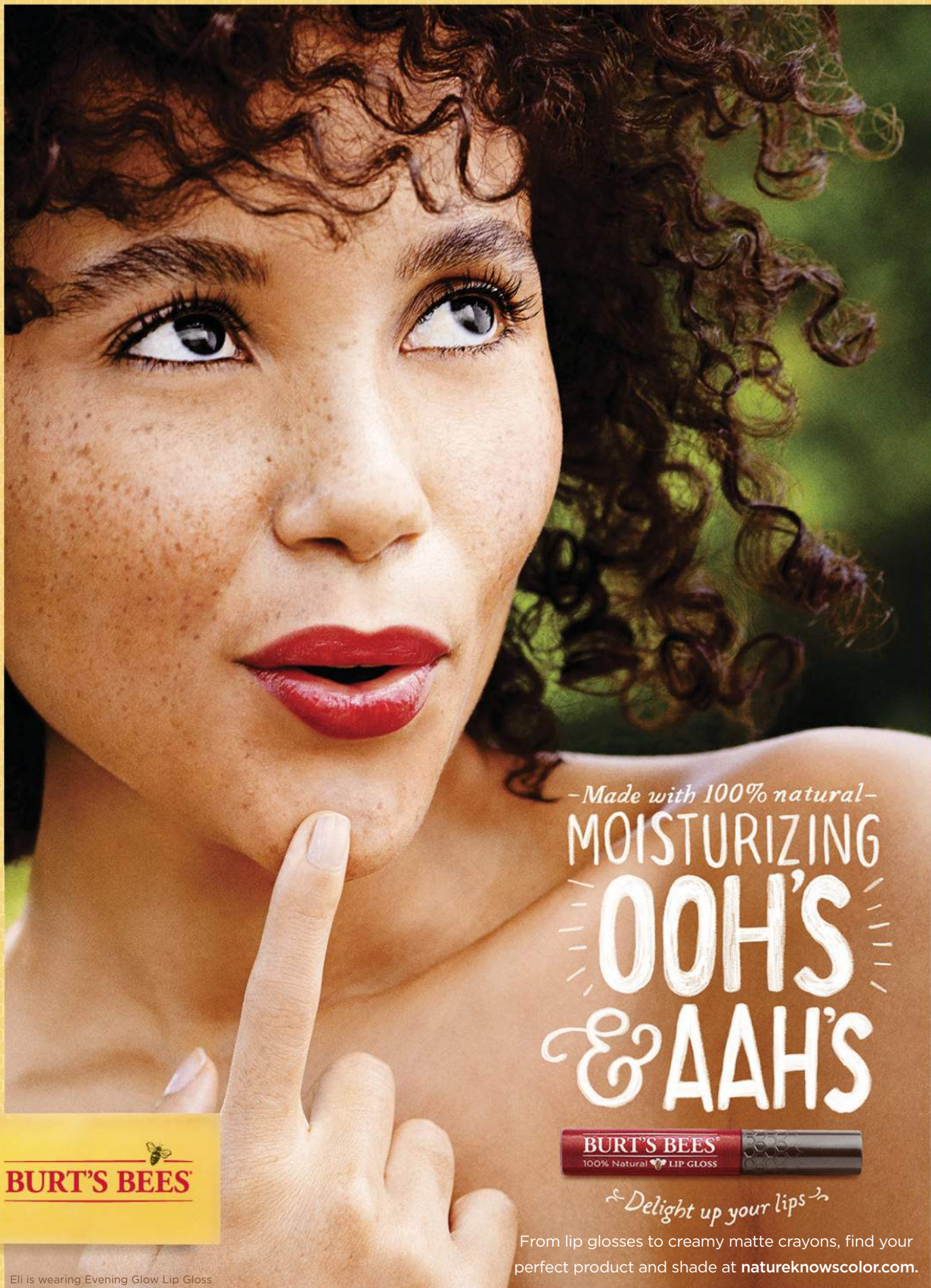
Workout Hair
DON'T CARE

macys.com/materialgirl

[f/materialgirl](https://www.facebook.com/materialgirl)

[@materialgirl](https://www.instagram.com/materialgirl)





- Made with 100% natural -
MOISTURIZING
OOH'S
& AAH'S



Delight up your lips

From lip glosses to creamy matte crayons, find your perfect product and shade at natureknowscolor.com.


BURT'S BEES

Eli is wearing Evening Glow Lip Gloss

FASHION



MODEL MOMENT

Name: Sera Mann

Hometown:

Cedar Park, TX

Instagram:

@seramann

Fave music artists:

"Everyone from A\$AP Rocky to Odesza to Amy Winehouse. It really ranges depending on my mood!"

DESIGNER MOMENT

Label: Sandro

Instagram:

@sandoparis

The scoop: This

French line is filled with effortlessly stylish Parisian-girl essentials, such as sleek black dresses and little tailored jackets. Cool American girls Zoey Deutch and Emma Stone are fans.

JACKET, SWEATER, AND SHORTS Sandro, sandro.us.sandro-paris.com.
EARRINGS THP, thpshop.co.
NECKLACE Ashley Pittman, ashleypittman.com.
SILVER BRACELET Lady Grey, ladygreyjewelry.com.
THIN BRACELET Nissa Jewelry, nissajewelry.com.

Captain CHIC

Take command of your #OOTD with a mix of military brass and nautical stripes.

#SquadStyle

FALL

Style Tip

Red plaid prints and bold lip colors give the tough look a touch of glam. Rule of thumb: If Gwen Stefani would wear it, it's a go!

Punk Rockers

Go hard core with badass studs, rips, and zippers—and your own fearless attitude.

ON HANNAH

JACKET Diesel, shop.diesel.com. **SWEATER** Libertine, Bergdorf Goodman.

JEANS American Eagle Outfitters, \$50, ae.com.

EARRINGS Rebecca Minkoff, \$48, rebeccaminkoff.com.

BANGLES Karen Egren, \$30 each, karenegren.com.

RINGS (pointer finger) Kelly Wearstler, \$295,

kellywearstler.com; (ring finger) Karen Egren, \$38

each, karenegren.com. **BAG** Coach, \$395, coach.com.

SHOES Sigerson Morrison, \$395, fwrd.com.

ON SYMONE

VEST Express, \$108, express.com. **TEE** Rebecca Minkoff, \$58, rebeccaminkoff.com.

PANTS House of Holland, houseofholland.co.uk (similar styles). **EARRINGS** House of Harlow 1960, \$78, Lord and Taylor.

SCARF Coach, \$195, coach.com. **STAR PIN** Hilfiger Collection, \$65,

Tommy Hilfiger store or call 212-223-1824 to order.

SHOES Marc by Marc Jacobs, Marc by Marc Jacobs stores.

TRENDS

With so many awesome looks happening this season, it's hard to pick just one fashion pack to run with! **By Heather Viggiani / Photographs by Marley Kate Rizzuti**

ON SYMONE

DRESS Zimmermann,

us.zimmermannwear.com.

TOP ASOS, \$55, asos.com.**EARRINGS** Charming Charlie,

\$10, charmingcharlie.com.

BRACELET White Moth, \$220,

whitemothjewelry.com.

RING Gorjana, \$55, gorjana.com.**BOOTS** Au Jour Le Jour,

aujourlejour.it.

DRESS

Juicy Couture Black

Label, \$198,

juicycouture.com

BAG

Merona for Target,

\$27, target.com

SKIRT

Rachel Rachel Roy,

\$89, macys.com

Style Tip

Look for pieces
that are one part
retro, one part right now.
Case in point: a mock
turtleneck with
modern metallic
stripes.

EARRINGSCharming Charlie, \$13,
charmingcharlie.com**TOP**H&M, \$50,
hm.com**SHOES**Topshop,
\$200,
topshop.com

MOD

Join the
swinging '60s
revival! It's all
about A-lines,
playful minis,
and jewel
tones.

SQUAD



ON HANNAH

JACKET Reiss, reiss.com.
SHIRT The Kooples, \$285,
 thekooples.com. **SKIRT** Bebe,
 \$119, bebe.com. **EARRINGS**
 Dannijo, \$270, dannijo.com.
RING Kelly Wearstler, \$295,
 kellywearstler.com.

ON SYMONE

COAT Two by Vince Camuto,
 \$189, vincecamuto.com.
TOP Elie Tahari, \$198,
 elietahari.com. **SKIRT** Jill
 Stuart, \$328, jillstuart.com.
EARRINGS House of Harlow
 1960, \$78, revolveclothing.
 com. **BRACELET** Pascale
 Monvoisin, \$39, Base store or
 call 305-531-4982 to order.
RINGS (pointer finger)
 Jennifer Fisher, \$140,
 jenniferfisherjewelry.com; (ring
 finger) Gorjana, \$55, gorjana
 .com. **BAG** Rebecca Minkoff,
 \$295, Saks Fifth Avenue.



Style Tip

Layer embroidery and faux fur for a folkloric (yes, that's a real fashion term) feel. It's like your summer festival style, only cozier!

GLOBE-TROTTERS

Mix cross-cultural prints with boho styles and look like you've been on a round-the-world shopping adventure.



P A C S U N

GOLDEN STATE *of* MIND

37 New Styles of Denim

Brandy ♥ Melville

K E N D A L L

+

K Y L I E

BULLHEAD
DENIM CO.

PACSUN.COM

Style Tip

Resist the urge to go full regalia! Climb the fashion ranks by enlisting just one (maybe two) military-inspired pieces at a time.

PANTS
Rebecca Minkoff, \$228, rebeccaminkoff.com

BAG
Etienne Aigner, \$365, etienneaigner.com

DRESS
Equipment, \$268, equipmentfr.com

NECKLACE
Women Warriors by Stella Valle, \$58, stellavalle.com

JACKET
Missguided, \$60, missguidedus.com

SHOES
Calvin Klein, \$159, calvinklein.com

CLUB

Recruit combat boots, sailor pants, and more to get *attenntion!*

ADMIRAL'S

MODEL MOMENT

Name:

Hannah Grace

Hometown:

Chandler, AZ

Instagram:

@hannahbrz

Fave thing in

her closet: "An IRO red leather jacket that I scored at a consignment store!"

ON HANNAH

JACKET Rebecca Taylor, Rebecca Taylor boutiques. **TEE** American Eagle Outfitters, \$20, ae.com. **JEANS** J Brand, \$198, Bloomingdale's. **NECKLACE** H&M Studio Collection, \$25, hm.com. **PIN** Hilfiger Collection, \$65, Hilfiger Collection store or call 212-223-1824 to order. **SHOES** Pollini, pollini.com.



bongo

© BONGO 2015

sears

f/bongo

@bongojeans

bongo.com

ON SYMONE

COAT REDValentino, REDValentino San Francisco Centre.
BLACK-AND-WHITE TOP RD Style, \$60, rdstyle.com.
SKIRT REDValentino, \$395, REDValentino San Francisco Centre.
BLUE SHIRT Equipment, \$258, equipmentfr.com.
BRACELET Hilfiger Collection, \$110, Tommy Hilfiger store or call 212-223-1824 to order.
RINGS (left hand) Elizabeth and James, \$150, nelmanmarcus.com; (right hand) Pascale Monvoisin, \$79, Base store or call 305-531-4982 to order.
SHOES DKNY, \$275, shopbop.com.

CHECKMATES

Go simply plaid for pieces in this statement pattern. Lumberjacks never looked so fierce.

MODEL MOMENT

Name:

Symone Challenger

Hometown:

Toronto, ON, Canada

Instagram:

@symone_ch

What she's studying:

"I just completed my first year of criminology! I'd love to tackle psychology next because the study of the mind fascinates me."

SKIRT
 RD Style, \$50, rdstyle.com

WATCH
 Swatch, \$70, store swatch.com

BAG
 Hilfiger Collection Crossbody, \$490, Tommy Hilfiger NY store or call 212-223-1824 to order (similar styles)

Style Tip
 More is more when it comes to keeping this classic print fresh. The trick to piling on the tartan is keeping the size of the squares consistent.

COAT
 Erin Kleinberg, \$475, erinkleinberg.com

SHOES
 Sam Edelman, \$140, samedelman.com

TANK
 Sea, \$295, modaoperandi.com



Sasha
Dress
\$35

Bella
Bag
\$26



#WeAreUSA

boohoo.com

TWENTYFOUR | SEVEN | FASHION

FIRST DAY ESSENTIALS

Bye, jitters! We figured out everything you'll need to make your back-to-school game strong.

UMBRELLA

Stash one in your locker. You *will* need it one day.

Ban.do, \$19, shopbando.com

SWEATSHIRT

In case you spill your morning coffee.

Aerie, \$35, aerie.com

EMERGENCY KIT

Never worry about BO, a lost earring back, or other mishaps.

Pinch Provisions Miniemergency Kit in Checkmate, \$16, pinchprovisions.com

USB CORD

Stay at 100 percent, 100 percent of the time.

Skinnydip London, \$25, skinnydiplondon.com

CLUTCH

Show it off when you pay for lunch.

Rebecca Minkoff, \$75, rebeccaminkoff.com

WATER BOTTLE

Being hydrated has never looked cooler.

bkr, \$35, mybkr.com

MINI-PRINTER PHONE CASE

Print your squad's pics on the fly.

Prynt, \$149, pryntcases.com

MESSENGER BAG

A cross-body in a pretty pattern is as practical as it is stylish.

LeSportsac, \$92, lesportsac.com

Your On-the-Go Kit

Stash a cute makeup bag (filled with things you're always reaching for) in your backpack so you can stay put-together no matter where you are.

MAKEUP BAG

Tommy Hilfiger, \$28, tommy.com

MINI MIRROR

Sephora Collection Still Life Alchemy Compact Mirror, \$12, sephora.com

HAND CREAM

Molton Brown Orange & Bergamot Replenishing Hand Cream, \$15, moltonbrown.com

ROLLERBALL PERFUME

Juicy Couture I Am Juicy Couture Rollerball, \$22, macys.com

LIP BALM

eos Visibly Soft Lip Balm in Blackberry Nectar, \$3.50, evolutionofsmooth.com



THE ONLY JEAN YOU NEED

SERIOUSLY

STRETCHY

JEANS

AÉROPOSTALE

     AEROPOSTALE.COM

TAME YOUR CLOSET

Make some room for your big back-to-school haul! Find out what you should buy—and how to free up some space.

Jeans

Save your pastel denim for warmer temps, and instead scoop up trendy flares!

Store it!

Get it!

Store it!

Jackets

Pack away your classic trench for the season, and look for shearling—the new cool-weather essential.

Get it!

Store it!

Sweaters

Fair Isle was all the rage, but now a chic chunky knit is your cozy go-to. Bonus style points for a solid color.

Get it!

Store it!

Dresses

Cutouts have had their moment, but covering up is in season. A midi length is a must.

Get it!

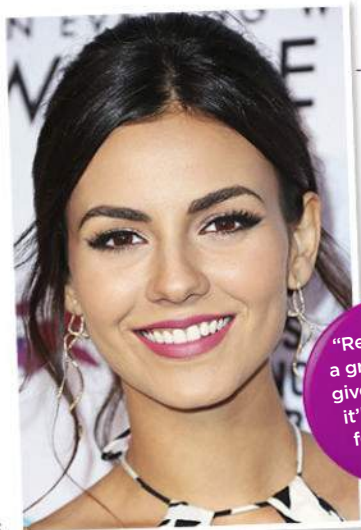
DONATE TO DO GOOD

Find out why Victoria Justice wants you to recycle your clothes at H&M!

Wanna hear something cray? On average, every US resident dumps about 82 pounds of fabric (that includes bed sheets and curtains, people!) into landfills each year. So for the second year, H&M and DoSomething.org joined forces to set up a clothing recycling program, and this time around, they asked Victoria Justice to help spread the word. Here's how it works: Dump your used clothing and textiles into a designated bin at your local H&M, and they'll be

reused to make new clothes, including pieces in the brand's Conscious Exclusive collection. Best part? You'll be rewarded with a coupon for 20 percent off a future shopping trip. Of course, first you have to figure out what you're ready to give away! Luckily, Victoria has some advice. "I don't get rid of anything I think will be trendy again—printed jeans, please come back!" she says. "But if I haven't worn it in several months, it's time." The payoff isn't just more closet space: "You eliminate clutter and help the environment. It's a win-win!"

"Recycling is a great way to give back, and it'll make you feel good!"
—Victoria



NOT YOUR
M♥THER'S®



TEXTURE,
BODY,
SHAPE &
VOLUME...
HUNNY,
YOU CAN
THANK US
LATER.♥

NYMBRANDS.COM

Proud corporate sponsor:



Available at:



Your class schedule may call for yoga pants, but you'll want to have something extra special for these five events.

I

Score with a sporty yet polished vibe—you just might get to network with alums.

SWEATER Clu Too, \$191, bloomingdales.com.
SHORTS Levi's, \$58, levi.com. **RINGS** American Eagle Outfitters, \$3.50 and up, ae.com. **SHOES** Sperry, \$60, sperry.com.

2

**Worn together
or broken up
into separates,
a suit keeps
on giving.**

JACKET The Kooples, The Kooples Mercer Street store. **SHIRT** Ann Taylor, \$80, anntaylor.com. **SKIRT** The Kooples, \$295, The Kooples Mercer Street store.

Hobbies: “Irish dancing, collaging, and thrifting!”

An eye-catching print or a statement necklace are instant convo starters.

DRESS Yumi Kim,
\$209, yumikim.com.
NECKLACE
Fossil, \$78, fossil.com.

3

5

Later, LBD!
Hello, potential
baes.

DRESS Jessica Simpson Collection, \$128, macys.com.
BRACELETS Karen Egren, \$30 each, karenegren.com.
BAG Etienne Aigner, etienneaigner.com.
RING CC Skye, \$48, qlamboutique.com.

4

**Long week?
A throw-on-and-look-cute jacket
is your savior.**

JACKET Rebecca Taylor, Rebecca Taylor boutiques and rebeccataylor.com

We teamed up with Collegefashionista .com to find out what else girls wish they'd brought!

"Long skirts and dresses are the simplest way to stay comfy and chic—I can't have enough of them!"

–Julia, 21,
DePaul University

"I didn't realize how many theme parties I'd be invited to! From '70s to cowgirl, you name it, you'll need it!"

–Burgess, 21,
University of Georgia

"Dorm life doesn't exactly call for bare feet. I don't know what I did before having my UGG slippers!"

–Hallie, 19,
University of Michigan



ADVERTISEMENT

bold new beauty

6 new and exclusive products

from Walgreens to take your
look to the next level



vibrant locks

Keep the color you love with L'Oréal EverPure shampoo and conditioner—the anti-fade formula is sulfate-free to protect your hair for up to 32 washes.



eyes on the prize

Dare to go nude with Maybelline New York's The Blushed Nudes Eye Shadow Palette—featuring 12 shades with bolder blushes and provocative plums.

smooth solution

Try Garnier Skin Renew Overnight Peel for skin that's brighter, smoother and more even-toned. Gentle enough for regular use!



rich lips

Get a velvety-soft flush of color with Revlon ColorBurst™ Balm Stain, infused with a blend of shea, coconut and mango butters.



Shown from top: Sweetheart and Honey

beauty in bloom

COVERGIRL Full Lash Bloom Mascara by Lashblast™'s soft mousse formula with natural beeswax leaves lashes exceptionally full and soft to the touch.



brush with beauty

Look and live beautifully with the EcoTools™ Six Piece Day-to-Night Clutch set, featuring cruelty-free bristles and sleek bamboo handles.



Visit the nearest store and follow [#WalgreensBeauty](#) for the latest products and exclusives.

Walgreens



© MUDD 2015

@muddstyle
#muddoncampus

**ONLY AT
KOHL'S**
kohls.com



Mudd®

for exclusive content go to muddjeans.com/seventeen

\$50 & Under

girly grunge

Smells like '90s teen spirit!
You can rock the retro vibe while staying true to its thrifty roots.

Style Tip

Warning! This look can go from totally on point to hot mess in a heartbeat. **Hailey & Bella** nail it by rocking not-so-baggy fits, layered necklaces, and polished hair.



BACKPACK
Arizona, \$30,
jcpenney.com
(pins and
patches sold
separately)



TOP
Tokyo Darling, \$28,
Aéropostale stores



BOOTIES
Shi by Journeys,
\$50, journeys.com



DRESS
Forever 21, \$30,
Forever 21 stores and
forever21.com



RED VALENTINO



EARRINGS
Coco Loves Rome, \$12,
cocolovesrome.com



TOP
Nasty Gal, \$48,
nastygal.com



SHORTS
Gap 1969 Slim,
\$50, gap.com



CHOKERS
Mudd, \$18, kohls.com



SHOES
Vans, \$50, vans.com

PROMOTION



► *DRESS* Blush Prom, price upon request, blushprom.com. *HEADPIECE* David's Bridal Accessory Collection, \$39, davidsbridal.com. *EARRINGS* Betsey Johnson, \$35, betseyjohnson.com. *NECKLACE* Miranda Frye, \$88, mirandafrye.com. *BRACELETS* Forever 21, \$7, forever21.com. *SHOES* L.K.Bennet, \$345, lkbennet.com.

style!

Get ready to slay your fall formal. These unforgettable dress picks are guaranteed to make you feel like a queen. (Crown optional.)

► *DRESS* Sticks & Stones, \$358, paparazziprom.com for store locator. *HEADWRAP* David's Bridal, \$39, davidsbridal.com. *EARRINGS* CCSkye, \$78, ccskye.com. *SHOES* Blue by Betsey Johnson, \$129, betseyjohnson.com.

Pretty Please

In these super-flirty frocks and sparkly accessories, you'll shine on the dance floor. Cue the twirls!

PROMOTION

Lady in Red

Attention, fans of the dancing-girl emoji (so, everyone): A sassy scarlet dress is even more fun IRL!



RING
Simply Vera
Vera Wang, \$26,
kohls.com

EARRINGS
Coco Loves Rome, \$10,
cocolovesrome.com



DRESS
Mon Cheri Shorts, \$425,
moncheriprom.com



CLUTCH
Marshalls, \$20,
Marshalls stores



SHOES
Tamar Collection, \$89,
tamarcollection.com



BRACELET
Simply Vera Vera
Wang, \$34,
kohls.com



DRESS La Femme Fashion,
\$278, lafemmeffashion.com.
EARRINGS Claire's, \$11,
claires.com. **BRACELET**
House of Harlow 1960, \$78,
glamboutique.com. **RINGS**
(pointer finger) Shakti, \$68 for
set, zappos.com; (middle
finger) Rue Gembon, \$60,
ruegembon.com. **CLUTCH**
L.K.Bennett, \$395, lkbennett
.com. **SHOES** Ivanka Trump,
\$140, bloomingdales.com.

WANELO.COM/SEVENTEENMAG Shop our picks of the hottest trends!

LeGalaTM
MON CHERI



Hundreds of Dresses for Homecoming & Prom at MonCheriPROM.com

PARISTM
MON CHERI

PROMOTION

Embellished Story

With baroque-inspired details—hello, gems!—everyone will think you stepped right off the set of *Reign*.



CUFF
Juicy Couture
Black Label, \$98,
juicycouture.com



CLUTCH
Marciano, \$89,
marciano.com



DRESS
Rachel Allan, \$398,
promgirl.com



EARRINGS
Dannijo, \$170,
dannijo.com



HEADBAND
BHLDN, \$380,
bhldn.com



SHOES
Dune London, \$125,
dunelondon.com

DRESS Angela & Alison,
angelaandalison.com.
EARRINGS Charming
Charlie, \$10, charmingcharlie
.com. **HAND BRACELET** Rue
Gembon, \$48, ruegembon.com.
SHOES T.J. Maxx, \$250,
T.J. Maxx stores.



La Femme

www.LaFemmeFashion.com



JVN

by JOVANI

www.jvn.com

JOVANI



WWW.JOVANI.COM
@JOVANIFASHIONS

PROMOTION

Black & Blooms

Inkwell filter, is that you?
A monochrome palette gives floral dresses an unexpected twist.

NECKLACE
Forever 21, \$6,
forever21.com

DRESS
Jovani, jovani.com

CLUTCH
Bebe, \$89, Bebe
stores and
bebe.com

DOUBLE-
PEARLRINGS
Stella Valle, \$195
each, stellavalle
.com. CRYSTAL
RINGASOS, \$11,
asos.com.

SHOES
Topshop, \$75,
topshop.com

TOP AND SKIRT JVN by
Jovani, \$450, jvn.com.
EARRINGS Rue21, \$9 for set of
20 pairs, rue21.com. NECKLACE
Cocoa Jewellery, \$80,
cocoajewelry.com. SHOES
SJP, \$385, couture.zappos.com.



Angela & Alison

www.angelaandalison.com





BLUSH

BLUSHPROM.COM

RACHEL ALLAN

rachelallan.com



Sticks & StonesTM

MORI LEE BY MADELINE GARDNER

SHARE YOUR PARTY
STYLE WITH US!



#morileeofficial
#paparazziprom



Join Us

View the Complete Collection
www.paparazziprom.com
www.morilee.com





we've got your[®]
weekend
COVERED!

www.Sodashoes.com

"NEVITT"
Sunday Shopping



"MALIA"
Friday Coffee Date

"INSIDE"
Saturday Movie Night



Naked Science

PHYSICIANS
FORMULA[®]
Rx For Glamour

NUDE WEAR[™]
\$13-15

TOUCH OF GLOW
NUDE MAKEUP

Look perfected without looking made up! Highlight your natural beauty with the glowing finish of Nude Wear. 100% Perfecting Nude pigments and Mother of Pearl pigments add a touch of glow and keep skin looking flawless all day.

#RXFORGLAMOUR

BEAUTY

OBSESSED!

pencil it in

Channel your inner (makeup) artist with these easy-to-use sticks—brushes not required!

BY MADDY ZOLLO

Concealer

L'ORÉAL PARIS True Match Super-Blendable Crayon Concealer, \$9, drugstores

Primer

URBAN DECAY Ultimate Ozone Multipurpose Primer Pencil, \$20, urbandecay.com

Contour

SMASHBOX Step-by-Step Contour Stick Trio (two not shown), \$45, smashbox.com

Color Corrector

JAPONESQUE Color Correcting Crayon in Purple, \$22, ulta.com

Blush

LAQA&CO. Cheeky Lip in Mix Tape, \$22, laqaandco.com

Eyeshadow

NYC NEW YORK COLOR City Proof 24HR Waterproof Eye Shadow in East River Romance, \$3, drugstores

Lip Tint

COVERGIRL Coloricious Jumbo Gloss Balm Cream in Strawberry Frappe, \$7, drugstores

SLEEP IN— *still look pretty!*

Setting your alarm after summer vacay is painful. But with these fall trends (each take only five minutes or less!), you can hit snooze and still be slammin'.

BY KATE FOSTER



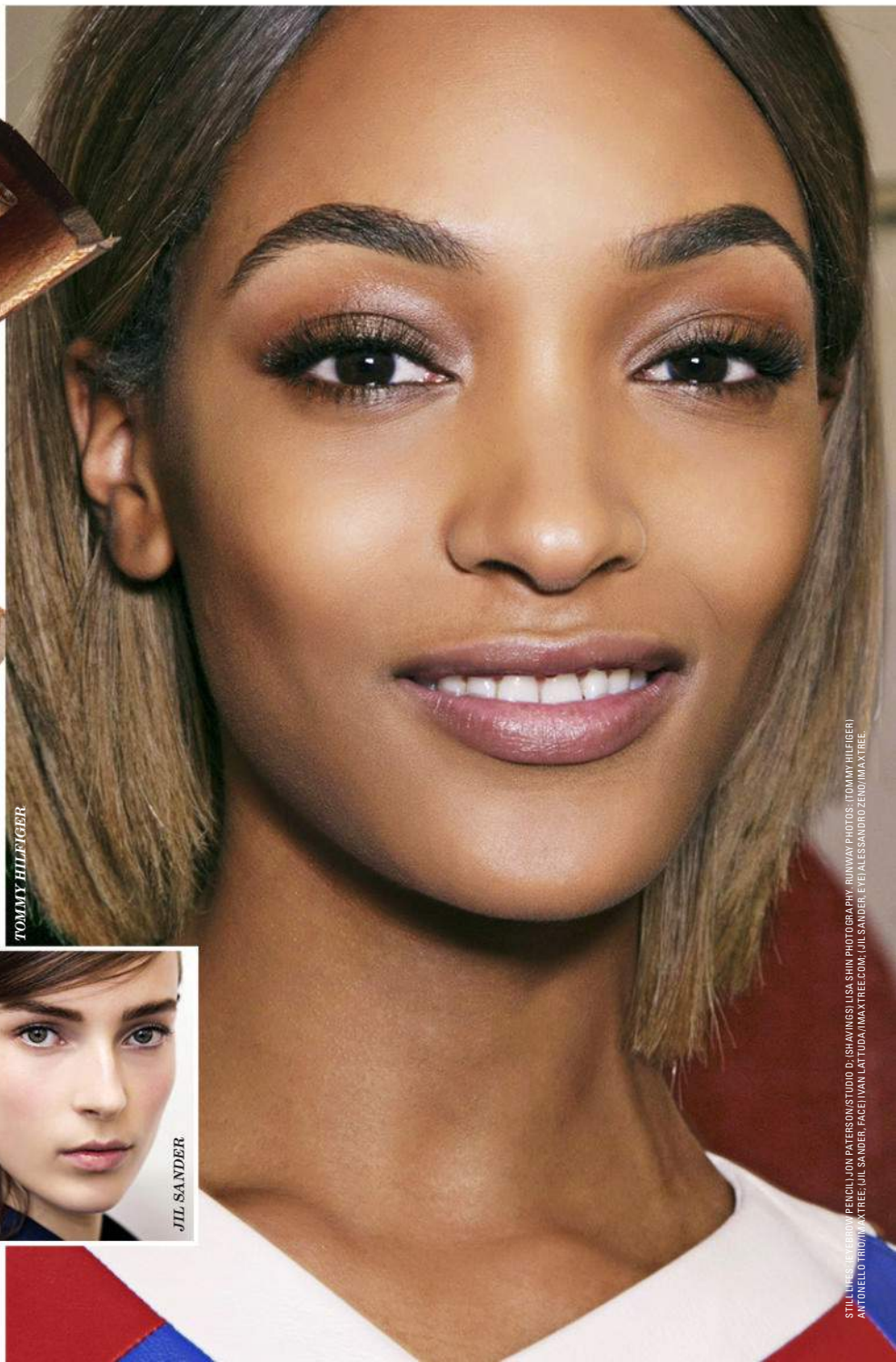
MAYBELLINE
NEW YORK
Brow Precise
Shaping Pencil, \$8,
maybelline.com



Smoky Brows

If you legit have 60 seconds before you leave the house, try the new take on bold arches.

Using a pencil, make short, light strokes through the entire area, then brush through to diffuse the lines—key to creating a blurred effect.



LIP STUDIO™

GET EXPERT TIPS AT MAYBELLINE.COM

VIVID
MATTE
COLOR

UNDEFINE
THE RULES
OF COLOR.
FROM FULL-ON BOLD
TO SOFTLY BLURRED.

NEW
COLOR *blur*™
MATTE PENCIL

SHOW US HOW YOU
#BLURTHELINES WITH
#COLORBLUR



Full-on vivid color.



Softly blurred color.

BLURRING
SMUDGER

MAYBELLINE®
NEW YORK
COLOR*blur*™

MAYBELLINE®

MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®

Emily is wearing New Lip Studio™ Color Blur™ Matte Pencil in Fast and Fuchsia. ©2015 Maybelline LLC.

NEW YORK

BEFORE

EYESTUDIO®

GET EXPERT TIPS AT MAYBELLINE.COM/BROW

1. SHAPE WITH PENCIL

SMOOTHER,
FULLER BROWS.
2 EASY STEPS
TO WOW.

NEW
BROW
define+fill duo

THE HOW

Defining wax pencil shapes.
Powder fills in.

THE WOW

Blends seamlessly for
defined, natural brows.

Available in 4 shades



2. FILL WITH POWDER

1. SETTING
PENCIL

2. FILLING
POWDER

MAYBELLINE

MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®

Emily is wearing New Eye Studio® Brow Define + Fill Duo in Soft Brown. ©2015 Maybelline LLC.

NEW YORK

3 min

MILANI COSMETICS
Easyliner in Espresso, \$5, CVS stores

NYC NEW YORK COLOR
City Proof 24HR
Waterproof Eye Shadow in 5th Ave Gold Rush, \$3, drugstores

NYX COSMETICS
Infinite Shadow Stick in Bronze, \$9, nyxcosmetics.com

ZAC POSEN

ZAC POSEN

Metallic Lids

Add some sparkle to your first-day selfie with an easy-to-use gold or bronze shimmer shadow stick. Swipe it almost to your crease, then line top lashlines with brown liner for definition.



5 min

Double Liner

This twice-as-nice trend only looks like it took an hour. Sweep a bronze shadow just above crease, then blend a champagne shade into the center of lid for a blingy pop. Use a dark brown pencil to create two parallel lines: one directly from the outer corner and one slightly above it.

MAYBELLINE NEW YORK
Expert Wear Eye Shadow Quad in Sunlit Bronze, \$6, drugstores

MAYBELLINE NEW YORK
Eye Studio Lasting Drama Waterproof Gel Pencil in Glazed Toffee, \$8, drugstores



STILL LIVES: EYELINERS AND SHADOW STICKS: JON PATERSON/STUDIO D; (EYE SHADOW QUAD: BRONZE SCRIBER) D; DON PENNY/STUDIO D; RUNWAY PHOTOS: (ZAC POSEN) ALESSANDRO ZENO/MA XTRAE.COM; (PT ANNA SUI) MATTED VOLTA/MA XTRAE.COM

BRAZILIAN SMOOTH IN HALF THE TIME*

ONLY WITH
THE SYSTEM



BRAZILIAN SMOOTH

With Nourishing Brazilian Murumuru
Butter and Argan Oil

Cut your styling time by 50%.
Hair is strong, flowing... even faster.

GARNIER

THE STRENGTH TO SHINE

*vs. regular shampoo and conditioner

garnierusa.com



2 min

Golden Girl

Extend your summer-vacay glow! Start with a liquid illuminator for a radiant base, then use a fluffy brush to sweep a powder bronzer across cheeks, forehead, the bridge of your nose, and chin—spots that naturally soak up the sun.



L'ORÉAL PARIS
True Match Lumi
Liquid Glow
Illuminator in Golden,
\$13, drugstores

**PHYSICIANS
FORMULA**

Bronze Booster
Glow-Boosting
2-in-1 Bronzer +
Highlighter in
Light to
Medium, \$15,
drugstores



4 min

Inky Eyes

Look as cool as Kendall by giving your eyeliner an edgy update. Rim the entire eye with liquid liner, winging it out at the ends, then run a soft black pencil along inner lashlines. Finish with mascara.



ESTÉE LAUDER
Double Wear
Stay-In-Place
Eye Pencil in
Onyx, \$23,
esteelauder.com



**ESTÉE
LAUDER** Little
Black Liner,
\$30,
esteelauder.com



ESTÉE LAUDER
Sumptuous
Infinite Daring
Length +
Volume
Mascara, \$26,
esteelauder.com

STILL LIVES: (MASCARA AND LINER) JON PATERSON/STUDIO D; (ILLUMINATOR AND LINER SCRIBBLE) J MUCKLE/STUDIO D. RUNWAY PHOTOS: (DSQUARED²) VICTOR VIRGILE/GAMMA-RAPHO/GETTY IMAGES (2); (MICHAEL KORS) ANTONELLO TRIO/IMAXTREE.COM; (MARC BY MARC JACOBS, MAIN) MATTEO VOLTA/IMAXTREE.COM; (MARC BY MARC JACOBS, INSET) ANTONELLO TRIO/IMAXTREE.COM.

©2015 Garnier LLC.

LASTING
SLEEK

**PRIME
FIRST FOR
NONSTOP SLEEK**

PRE-STYLING PRIMER

APPLY BEFORE YOUR STYLING ROUTINE
PROTECT & SMOOTH FOR 4-DAYS STRAIGHT

GARNIER
FRUCTIS
STYLE

SLEEK & SHINE
**SLEEK
PRIMER**
STYLE PREP

SLEEK

WITH ARGAN OIL
FROM MOROCCO

SPOT THE LATEST
MUST-HAVE LOOKS @ GARNIERSTYLE.COM

GARNIER

THE LENS THAT CHANGES
First Impressions.

And just then I realize I've been talking to Julie for ten whole minutes. The Julie of my dreams. She has these tiny freckles on her nose. Not in a bad way. In a cute, extremely kissable kind of way.

I keep telling myself just remember to breathe, but not too hard.

Important information for contact lens wearers:

ACUVUE® Brand Contact Lenses are available by prescription only for vision correction. An eye care professional will determine whether contact lenses are right for you. Although rare, serious eye problems can develop while wearing contact lenses. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye doctor. Do not wear contact lenses if you have an eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. If one of these conditions occurs, remove the lens and contact your eye doctor immediately.

For more information on proper wear, care and safety, talk to your eye care professional and ask for a Patient Instruction Guide, call 1-800-843-2020 or visit Acuvue.com

©Johnson & Johnson Vision Care, Inc. 2015



ACUVUE®
BRAND CONTACT LENSES



THE LENS THAT CHANGES *Everything™*

**ACUVUE® IS THE
WORLD LEADER IN
CONTACT LENSES**

Built with EYE-INSPIRED™ Design
Ask your eye doctor for ACUVUE® Lenses

acuvue.com

FACE TIME

BETTER SKIN by school

Get your skin on fleek in a week with our simple guide to perfecting your complexion.

BY MADDY ZOLLO

DAY 2

Exfoliate

Sloughing weekly de-gunks pores, allowing products to penetrate skin easier, says celeb aesthetician Renée Rouleau. Massage each quadrant of your face using circular motions (gentler than going back and forth), and then rinse.

BIORÉ Pore Unclogging Scrub, \$8, drugstores

DAY 3

Try a Serum

Begin using a vitamin C serum daily, before your moisturizer in the A.M., says dermatologist Mona Gohara, M.D. It repairs sun damage, like freckles and rough skin, while brightening. The payoff: glowy skin for days.



MAD HIPPIE Vitamin C Serum, \$34, madhippie.com

DAY 1

Go Back to Basics

Since your skin care routine was likely a little random (cough, cough, nonexistent) during break, hit the restart button. Twice a day, cleanse with a gentle wash to nix grime, and use a salicylic acid toner, says dermatologist Amy Wechsler, M.D. Plus don't forget lotion with SPF!



GARNIER Clean + Gentle Clarifying Cleansing Gel for Sensitive Skin, \$8, drugstores.
CLINIQUE Acne Solutions Clarifying Lotion, \$15.50, clinique.com.
SIMPLE SKINCARE Protecting Light Moisturizer with SPF 15, \$11, drugstores.

SEPHORA COLLECTION Green Tea Mask, \$6, sephora.com

DAY 4

Throw on a Mask

It's the perfect way to give your face a relaxing—and super-nourishing—boost while indulging in some Netflix. After washing your face, toss on a sheet mask (those creepy cloth things you're seeing draped over people's faces on Insta) infused with green tea to soothe and calm all skin types.



NIP + FAB Glycolic Fix, \$13 for 60 pads, CVS stores.
OLAY Fresh Effects (Spot Zinger!) 2-in-1 Salicylic Acid Acne Spot Treatment, \$7, drugstores.

DAY 5

Ban Blemishes

Treat any zits overnight with a 2 percent salicylic acid spot treatment. If you have dry or sensitive skin, apply a hydrating cream afterward to avoid any overdrying (which can lead to a crusty complexion). Not breaking out? Keep it that way: Swipe a glycolic acid pad all over to exfoliate and shrink the look of pores, says Dr. Gohara.



DAY 6

Get Your Beauty Sleep

Before your first day, aim for eight hours to give your skin time to repair itself. Apply a moisturizing face cream before bed (this one has hyaluronic acid, a mega-hydrator) for a dewy finish when you wake up, says NYC dermatologist Joshua Zeichner, M.D.

NEUTROGENA Hydro Boost Water Gel, \$18, drugstores



DAY 7

Look Flawless

Eyes swollen from waking up early? Pop cucumber-infused pads on lids to de-puff. Then use a primer to smooth skin and a BB cream to even out tone. The combo will have people wondering what you were up to all summer since you'll look *that* good.

EARTH THERAPEUTICS Recover-E Cucumber Eye Pads, \$6, earththerapeutics.com.
COVERGIRL Outlast All-Day Primer, \$9, drugstores.
GARNIER Miracle Skin Perfector Daily Anti-Acne BB Cream, \$13, drugstores.



PURIFY YOUR PORES WITH CHARCOAL

(YES, CHARCOAL.)

EXPERIENCE THE CLEANSING POWER OF CHARCOAL.

Instantly draw out 2x more dirt, oil and impurities than a basic cleanser. Bioré® Pore Penetrating Charcoal Bar deep cleans *plus* gently exfoliates, leaving skin tingly-fresh. And Bioré® Deep Pore Charcoal Cleanser transforms from black to white as it draws out deep-down impurities.

Visit www.biore.com/charcoal



Bioré
free your pores!



The writer brought concealer with her everywhere before isotretinoin treatment (above).

“MY ACNE nightmare”

Pimples are the worst. But is fighting them with the most intense zit remedy out there worth it? A *Seventeen* beauty editor shares her struggle.

BY KATE FOSTER

I was 10 years old when my mom first took me to the dermatologist. I had no idea that I'd spend the next seven years on a problem-skin roller coaster.

First I tried heavy-duty salicylic acid and benzoyl peroxide creams. Next it was prescription antibiotics and rosacea treatments—even painful steroid shots in the face! Things worked for a few months until my acne returned and eventually covered my face from forehead to chin. I began to lose hope that I'd ever have clear skin.

I was so self-conscious about anyone seeing my bare face. I spent 30 minutes a day caking on concealer, foundation, and powder. I dodged cameras and wouldn't let my BFFs see me makeup-free at sleepovers. Junior year, I hit rock bottom when I walked into class and saw a photo of myself in the hands of a mean jock. He was laughing his head off, pointing out every blemish to his friends. He confirmed my biggest fear: People were staring at my acne, not seeing the real me. All I wanted was to disappear. Or at least do something drastic to fix my skin.

THE LAST RESORT

My older brother had treated his acne a few years earlier with the oral drug isotretinoin (most people call it Accutane, though that brand is discontinued), so I knew

the results were much more promising—and permanent—than anything else. I won't sugarcoat it, though: The drug was scary to be on. (See “The Risks” below.) At the time, I wasn't sexually active, but because the drug can cause birth defects, I was required to be on two forms of birth control. Plus I had to undergo a monthly checkup and blood test to ensure I was healthy and not pregnant. I'd recently gone on the Pill, but I had to promise my mom *and* my doctor that I'd also use condoms should I ever have sex.

The checkups terrified me—I hate needles—and I couldn't stop thinking about the fact that my brother had no appetite while on the medicine, or that my best friend's entire face scabbed over. I kept wondering, Is this worth it?

A CLEAR OUTLOOK

I decided it was and went forward with treatment, knowing that my awful skin and self-esteem needed a cure. And after about two months, my existing acne

disappeared. Four months into my five-month treatment, my acne scarring was gone too. But my transformation wasn't picture-perfect. My skin was insanely dry—especially my lips—making it hard to laugh without my face pulsating in pain.

I'll never forget my first makeup-free trip into the world—a simple grocery store errand. Not a soul glanced at my skin. I sighed with relief... then wondered when my acne relapse would inevitably happen.

But, almost magically, it never came. At school, I slowly embraced my outgoing nature. I looked new people in the eye instead of staring at my feet. Presenting in class was no longer something I dreaded. Having clear skin helped me stop doubting how I looked *and* what I said.

I even fell in love for the first time. I wasn't wearing any makeup when we first locked eyes. I swear he saw beauty in my newfound confidence.

Five years later, I'll get an occasional pimple—but I don't freak. I just move on with my day, knowing that a little breakout can't possibly dull my shine. ●

the risks

Isotretinoin (now available in generic forms) is a powerful vitamin A-based drug. Taken daily for four to eight months, it thins out pore linings and decreases oil and acne-causing bacteria, says dermatologist Amy Wechsler, M.D. To get an Rx, you must be over 12 and have tried other treatments. Side effects may include very dry skin, sun sensitivity, muscle or joint pains, and birth defects while on it. Despite concern about links between the drug and inflammatory bowel disease and mental disorders, studies have not shown connections, dermatologist Rachel Nazarian, M.D., says.

1

I like to funk up my
little black dress.



2

I love going Rocker Chic
with leather, studs and
super high stilettos.



3

Jean shorties are
my weekend go-to.



DEMI'S 3 GO-TO LOOKS

PERIOD OR NOT.

"With the Radiant Collection
from Tampax & Always
I have the confidence to wear
what I want, no matter what
time of the month it is."

Demi Lovato
WEAR WHAT YOU WANT.

©Procter & Gamble, Inc., 2015



#BeRadiant

TAMPAX radiant *always*
COLLECTION

Get smooth body by applying a hydrating mousse and making two tight buns on the top and back of head. Secure with pins (not elastics) to avoid creases.

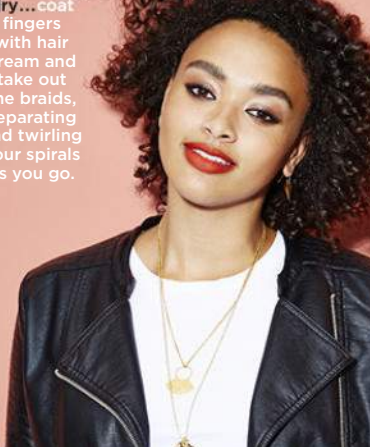
Once it's
dry...remove
pins and run
a paddle
brush
through
hair for
mega-shine.



No time for the dryer?
Find your texture twin
here. Then try the
damp style that will
dry into a gorge one.

Score defined curls by running a moisturizing cream through strands, side-parting hair, and then Dutch-braiding each half.

Once it's **dry...coat** →
fingers with hair cream and take out the braids, separating and twirling your spirals as you go.

A woman with voluminous, dark, curly hair is the central figure. She is wearing a black leather motorcycle jacket over a white t-shirt. Her accessories include two gold-colored necklaces: one with a heart-shaped pendant and another with a small, dark, animal-shaped pendant. She has red lipstick and is looking slightly to the side with a soft smile. The background is a solid, light pink color.

You *can* rock beachy waves. Just scrunch in a texturizer and twist back locks on either side of your face, looping them up and around, then pinning.

A woman with blonde hair styled in a bun, wearing a blue and black striped turtleneck sweater, posing in profile against a pink background.



← Once it's dry... gently undo twists, tousle, and flip to one side for some surf-girl attitude.

PANTENE

2x
STRONGER
HAIR*

Use Pantene Conditioner
for hair that's 2x stronger
than shampooing alone.

*strength against damage; Pantene shampoo + conditioner system
vs. the shampoo alone. ©2015 P&G



Manage Your Mane

Peace out, bad hair days. A brush, dry shampoo, and wireless flat-iron save strands in seconds.

- 1 CONAIR Mini Detangling Brush, \$3.50, drugstores
- 2 BATISTE Dry Shampoo Mini in Blush, \$3.50, Target stores
- 3 SARAH POTEPA Mini Touch Up in Silver, \$35, ulta.com

Be a Gym-Class Hero

Store locker-room basics—like deodorant, wipes, and a razor (this has built-in shaving cream, plus a refillable water chamber)—in a portable kit.

- 1 MINI-CLUTCH Animal Print Manicure Kit, \$23 for four kits, qvc.com
- 2 LAVANILA LABORATORIES The Healthy Deodorant, \$14, lavanila.com
- 3 SPHYNX Razor in Hot Pink, \$15, sphynxrazor.com
- 4 SIMPLE SKINCARE Micellar Make-up Remover Wipes, \$6, Target stores
- 5 SOHO Tribe Vibe Double Zip Cosmetics Box, \$17, target.com

Hit Refresh

Prep for class with your crush by blotting away oil, banning bad breath, and de-stressing with a calming face mist.

- 1 TONY MOLY Pocket Bunny Moist Mist, \$15, sephora.com
- 2 HELLO Breath Spray, \$4, Walgreens stores
- 3 CLEAN & CLEAR Oil Absorbing Sheets, \$5, drugstores

Keep It Handy

Place makeup (like concealer and a smudge-erasing pen) and hair staples (like headbands) in magnetic containers and holders from The Container Store.

- 1 RIMMEL LONDON Provocalips Lip Color, \$7, drugstores
- 2 PHYSICIANS FORMULA Nude Wear Touch of Glow Stick, \$13, drugstores
- 3 PRESTIGE Makeup Eraser Pen, \$9, prestige cosmetics.com
- 4 SCÜNCCI Comfy Collection Mini Braided Comfy Headwraps, \$6 for three (two not shown), walmart.com; GOODY Ouchless Headwraps, \$3 for five (three not shown), Walmart stores

lock DOWN YOUR LOOK

Get glam by the bell! With this killer combo of locker must-haves, you can sneak in touch-ups between classes.

BY MADDY ZOLLO

MEET THE 2015 Barbizon ★ STAR!



Throughout the year, **Barbizon** looks for fresh faces to be featured in **Seventeen** in the **GET DISCOVERED** contest. Check out this year's winner, **Kelly from Texas**, in a Back-to-School look styled just for her by a Seventeen Style Pro!

As the grand prize winner, Kelly won a **trip to NYC** for her and a guest, a **personal style consultation** with a Seventeen Style Pro, and a **\$500 shopping spree** to pick up the hottest looks for fall.



WANT TO BE THE NEXT SHINING STAR?

Contact Barbizon to find out how you could enter for a chance to win a promotional photo shoot in New York City, just like Kelly.

Call **1-888-999-9404** or
visit **seventeenbarbizoncontest.com**.



@barbizonmodel



PRO-MATTE FOUNDATION
INFALLIBLE

Barbara Palvin
CLASSIC IVORY 101



TRY ON THE INFALLIBLE LOOKS INSTANTLY, DOWNLOAD THE MAKEUP GENIUS APP.
©2015 L'Oréal USA, Inc.



BE YOUR OWN PRO AT INFALLIBLEPRO.COM

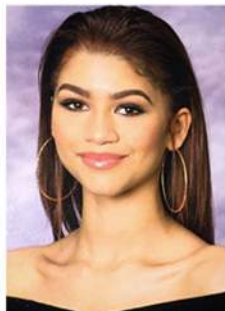
UP TO 24HR MATTE WITHOUT THE FLAT
THE PRO LOOK OF LONGWEAR

GO PRO WITH A PROFESSIONAL DEMI-MATTE FINISH AND AIR-LIGHT TEXTURE, JUST LIKE THE PROS. NOT HEAVY. NOT MASKY. NOT SHINY.

BECAUSE YOU'RE WORTH IT.™



L'ORÉAL™
MAKEUP DESIGNER/**PARIS**



Zendaya = Yearbook Goals

how to survive... PICTURE DAY

The key to avoiding a cheesy smile, the only lip color you need, and more sneaky hacks for a flawless photo.

BY MADDY ZOLLO

MAYBELLINE NEW YORK The Blushed Nudes Palette, \$12, drugstores

COVERGIRL TruMagic in Clear, \$9, drugstores



Score #NoFilter Skin

Get a zoom-in-worthy finish with HD foundation—it blurs imperfections. Apply it after putting a green-tinted concealer on zits to counteract redness, says makeup artist Eric Jimenez. Finally, use a mattifying balm for T-zone touch-ups—powder can look cakey.

PHYSICIANS FORMULA Gentle Cover Concealer Stick in Green, \$6.50, drugstores



SMASHBOX Liquid Halo HD Foundation, \$42, smashbox.com

Perfect Your Smile

Swipe on a trendy mauve lip color—the bluish undertone makes teeth appear whiter, says Jimenez. Then to avoid a forced smile, close your eyes and breathe deeply. When you open them up and grin, you'll look the most at ease, says photographer Chris Eckert.



BURT'S BEES Lip Crayon in Carolina Coast, \$9, burtsbees.com

Contour... a Little

Create natural-looking definition with a double-ended cream stick. Blend the bronze shade under cheekbones and then use the light shade on top of cheekbones and down the bridge of your nose, says makeup pro Matthew VanLeeuwen.

LANCÔME Le Duo Stick in Ivoire, \$36, lancome-usa.com



BENEFIT Brow Zings, \$32, benefitcosmetics.com

Rock Natural Makeup

Smoky eyes or bright lips can look overdone. Instead, make a subtle statement with defined brows and neutral shadows.

Make Your Eyes Look Bigger

The most flattering pose? Sit up straight, slightly tilt your chin down, and look directly into the lens—it makes eyes seem larger and more engaged, says Eckert. Accentuate them even more by using a lash curler and three coats of mascara.



DIOR Diorshow Mascara in Pro Black, \$27.50, dior.com

BUMBLE AND BUMBLE Grooming Creme, \$14 for 2 oz., bumbleandbumble.com



BLOWPRO Textstyle Dry Texture Spray Mini, \$9.50, ulta.com

Give Strands a Boost

Refresh your mane immediately before your close-up. If you have flat hair, flip your head upside down and spritz texture spray into your roots. Curly? Run a light styling cream through locks to smooth frizz.

PRO-LAST LIPCOLOR
INFALLIBLE

Laetitia Casta
RED INFALLIBLE 211

BE YOUR OWN PRO AT
INFALLIBLEPRO.COM



UP TO **24HR COLOR: INTENSIFY**
WITHOUT THE DRY
THE PRO LOOK OF LONGWEAR

STEP 1: INTENSE LONG-LASTING COLOR. STEP 2: A CONDITIONING PRO-SEAL BALM. RESISTS FADING, TRANSFER, WHATEVER. LASTS UP TO 24 HOURS.
BECAUSE YOU'RE WORTH IT.™

24 PRO-LOOK
SHADES



STEP 1

STEP 2

L'ORÉAL™
MAKEUP DESIGNER/PARIS



TRY ON THE INFALLIBLE LOOKS INSTANTLY
DOWNLOAD THE MAKEUP GENIUS APP.

©2015 L'Oréal USA, Inc.

Find Your BEAUTY DREAM JOB

How sick would it be to work for a brand like Benefit?
Megan Marabella, 21, the company's star PR intern, spent a day shadowing different departments at the San Francisco HQ to pinpoint the gig for you. #careergoals

BY MARTA TOPRAN

If You're a Born Communicator . . .

Consider public relations. "In the PR department where I intern, we come up with ways to spread the company's philosophy, 'Laughter is the best cosmetic,' and to get our products noticed and talked about," says Megan. "Every day is different. We could be brainstorming ideas, planning events, sending out products to beauty influencers, or pitching magazines and Web sites."

If You're Super-Artistic . . .

Whether you are constantly sketching, are an Adobe Creative Suite master, or have the most curated Pinterest board of your squad, being one of the graphic designers in the creative department could be your calling. "For each new



Designers sketch new packaging options.

launch, the team comes up with what the product will look like, the packaging it comes in, and the print and video ad campaigns that support it," explains Megan. Chief Creative Director Hannah Malott adds, "We take a lot of risks—we're bold, girly, and humorous all at once, and we look for people with an equally varied portfolio of sample artwork and personality."

Meet Megan ▶

Hometown: San Diego, CA

College: University of San Francisco, class of 2016

Major: Communications

After-school activities: "I'm the president of the Delta Zeta sorority and the Contemporary Dance Club—I've danced since I was 21"

How she landed at Benefit: "Two of my sorority sisters interned here and helped me get an interview."

Dream Job: "Through my extracurriculars, I've learned how to represent a brand. I'd love to do that at Benefit."



Yup, that's a plastic deer in the Benefit lobby!

If You've Got Mad Makeup Skills . . .

Not every job has to be in an office. "At Benefit, you can start out in one of its retail locations and work your way up," says Megan. A prime example: Benefit's Global Brow Expert Jared Bailey. "Eight years ago, I was a part-time in-store Beauty Artist in Chicago," he says. "Eventually, I became a manager, moved to San Francisco, and got



Megan gets schooled on Benefit's signature brow services.

my aesthetician license [required to do brow services], and a year later started running the education program, training hundreds of Beauty Artists and aestheticians around the USA—now the world."

micellar wipes that both cleanse and hydrate instantly. (multi-tasking made Simple®!)

Skincare's most awarded product, Simple Micellar Water, now in wipes!*

Everyday cleansing can be harsh on skin. But new Micellar Wipes from Simple® contain *micelles*, smart cleansing bubbles which attract and gently lift impurities and makeup out. And instantly put **hydration** back in. Gentle and clever? That's beauty with brains.



Visit SimpleSkincare.com to
#TestTheWater

simple
SENSITIVE SKIN EXPERTS

*Magazine awards in 2015 from Top US print publications with award programs.

If You Love to Write ...

There's a whole crew of people called copywriters who make the brand come alive through words. "You have to really love makeup, wear it, and know how to explain the application process so it's easy for the customer—all while keeping the wit and fun," says Copy Director Tram Nguyen. Megan sat in on a product-naming session for a new Hoola bronzing kit (below). "It's so fun," she says of the process. "We even put on hula skirts and did the conga to get us in the right mind-set!" Sounds about right: Benefit wouldn't be Benefit without their sassy product names (hello, Puff Off and They're Real!) and cheeky tips on their packaging.

If You're Obsessed With Products ...

If you have ever thought, I wish there was something that did X, then product development could be for you. "Our team is all about solving beauty dilemmas in innovative new ways—and



BENEFIT
Do the Hoola
Kit, \$34,
sephora.com

hopefully giving a fun, confidence-boosting experience at the same time," says Julie Bell, Executive Vice President of Global

Marketing. Megan learned that product developers work closely with scientists at research labs where the products are made in order to perfect a formula.

If You're into Brand Building ...

Benefit was started by twins Jean and Jane Ford in

"I love living in SF—there are so many parts of the city to explore."

San Francisco almost 40 years ago. Today, Jean's daughters, Maggie and Annie Ford Danielson, are the company's Global Beauty Authorities (aka the spokeswomen behind the brand). "It's our number one goal to continue what our mom and aunt started



Megan meets
Maggie (left) and
Annie (right).

and cultivate our customers' love of Benefit no matter how big we get," says Maggie. Having climbed their way up the ranks (Annie even worked retail), the sisters now regularly travel the world, doing in-store and HSN appearances, selling product, and spreading the brand's feel-good message, explains Megan. "It takes a lot of confidence to sell, so we hire people with strong ideas and initiative," says Maggie.

Genius Job Search Tips

• Call in Favors

"Don't be afraid to use any connections you have—it's hard enough to get your foot in the door." —ANNIE FORD DANIELSON, GLOBAL BEAUTY AUTHORITY

• Be Persistent

"Keep sending your résumé, or go to the office to ask to schedule an informational interview—it shows passion." —HANNAH MALOTT, CHIEF CREATIVE DIRECTOR

• Dress to Impress

"Ask what the dress code is before an interview, then take it up one notch!" —ANNIE

• Act the Part

"When walking into an interview, have something in your hands like a résumé or a note pad—you'll seem professional and prepared." —MAGGIE FORD DANIELSON, GLOBAL BEAUTY AUTHORITY

• Always Follow Up

"If someone has taken the time to meet with you, send a handwritten thank-you note. Not enough people do that." —HANNAH

• Sleep on It

"When you have a big decision to make, take a night to think about it. You'll have a fresh perspective in the morning." —JULIE BELL, EXECUTIVE VICE PRESIDENT OF GLOBAL MARKETING

Want to Intern at Benefit?

For more info on landing a paid internship like Megan's, e-mail your résumé and cover letter to **internship@benefitcosmetics.com**.

batiste™ Dry Shampoo

REVIVE YOUR HAIR IN AN INSTANT
WITH BATISTE™ DRY SHAMPOO

Ella
Henderson

SINGER/SONGWRITER

Refresh it.
Style it.
Love it.

f batiste_us
batistehair.com

Available at these and other fine retailers:



Triple Threat

This shadow set makes night-out looks so easy.

ALMAY Intense i-COLOR Evening Smoky Shadow Trio for Browns, \$8.50, drugstores

Girl on Fire

A five-alarm matte kissers will make your crush go heart-eyed.

RIMMEL LONDON Show Off Matte Lip Velvet in Orange-ology, \$6, drugstores

In the Bag

Because your makeup stash deserves some love, too.

FOREVER 21 Makeup Bag, \$7, forever21.com

Edge Out

Get rebel-level eyes with this super-soft, blendable kajal liner.

SONIA KASHUK Dramatically Intensifying Kajal, \$9, target.com

Come Clean

Your new FB status: "In a relationship with flawless skin," thanks to this cleansing bar.

BIORÉ Pore Penetrating Charcoal Bar, \$6.50, drugstores

Glow-Getter

A fluffy brush plus these beads equals bronzed perfection.

E.L.F. STUDIO Mineral Pearls in Natural, \$8, elfcosmetics.com

Liquid Gold

Crush

#ManiMonday with this glitter-flecked polish.

SALLY HANSEN Hard As Nails Xtreme Wear Nail Polish in Bold Gold, \$3, drugstores

S.W.A.K.

Cutest. Lip balm. Ever. (And extra-moisturizing, too).

TONY MOLY Bbo Bbo Lip Balm in Honey, \$9, sephora.com

Fast Fringe

Late to school? Use this to get doll-like lashes, minus mascara.

REVLON Gold Series Lash Curler, \$10, drugstores

Angel Hair

Rake in this hydrator to fight everything from frizz to ponytail breakage.

PANTENE Expert Dry Defy Velvet Crème Infusion, \$12, drugstores

cheap THRILLS

Babes on a budget, you'll ♥ these finds—just \$10 and under!

BY KATE FOSTER



Don't try this at home. Some "home remedies" are a bad idea. Talk to a doctor if you have questions about treating any medical condition, including acne.

the yolk
soak :/

IT'S TIME FOR AN
Epi·Do·Over

Ask your doctor about prescription Epiduo®

Forget home remedies and over-the-counter acne solutions that haven't worked for you. Team up with your doctor and start fighting breakouts with Epiduo (*adapalene and benzoyl peroxide*) Gel 0.1%/2.5%. Why? It's a once-a-day gel that treats the pimples you have and helps prevent new ones from forming with 2 antibiotic-free medicines that work together. That's the duo in Epiduo.

GO TO EPIDUO.COM TODAY TO LEARN MORE ABOUT ACNE AND HOW YOU COULD SAVE ON EPIDUO GEL.*

IMPORTANT SAFETY INFORMATION: **Indication:** EPIDUO® Gel is indicated for the topical treatment of acne vulgaris in patients 9 years of age and older. **Adverse Events:** In controlled clinical studies, the most commonly reported adverse events ($\geq 1\%$) in patients treated with EPIDUO® Gel were dry skin, contact dermatitis, application site burning, application site irritation and skin irritation. **Warnings/Precautions:** Patients taking EPIDUO® Gel should avoid exposure to sunlight and sunlamps and wear sunscreen when sun exposure cannot be avoided. Erythema, scaling, dryness, stinging/burning, irritant and allergic contact dermatitis may occur with use of EPIDUO® Gel and may necessitate discontinuation.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on adjoining page.

*For most insured patients. Restrictions apply. See Epiduo.com/rebate for details.

Not valid for prescriptions reimbursed under Federal/State programs.

Uninsured patients please go to Epiduo.com/rebate for more information.

GALDERMA

All products are the property of their respective owners.
©2015 Galderma Laboratories, L.P. EPID-374 Printed in USA 5/15

Epiduo®
(*adapalene and benzoyl
peroxide*) Gel 0.1%/2.5%



IMPORTANT INFORMATION ABOUT

EPIDUO® GEL

(adapalene and benzoyl peroxide) Gel, 0.1% / 2.5%

BRIEF SUMMARY

This summary contains important information about EPIDUO (EP-E-Do-Oh) gel. It is not meant to take the place of your doctor's instructions. Read this information carefully before you start using EPIDUO gel. Ask your doctor or pharmacist if you do not understand any of this information or if you want to know more about EPIDUO gel. For full Prescribing Information and Patient Information please see the package insert.

WHAT IS EPIDUO GEL?

EPIDUO gel is a prescription medicine for skin use only (topical) used to treat acne vulgaris in people 9 years of age or older. Acne vulgaris is a condition in which the skin has blackheads, whiteheads, and pimples.

WHO IS EPIDUO GEL FOR?

EPIDUO gel is for use in people 9 years of age and older. It is not known if EPIDUO gel is safe and effective for children younger than 9 years old.

Do not use EPIDUO gel for a condition for which it was not prescribed. Do not give EPIDUO gel to other people, even if they have the same symptoms you have. It may harm them.

WHAT SHOULD I TELL MY DOCTOR BEFORE USING EPIDUO GEL?

Before you use EPIDUO gel, tell your doctor if you:

- have other skin problems, including cuts or sunburn.
- have any other medical conditions.
- are pregnant or planning to become pregnant. It is not known if EPIDUO gel can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if EPIDUO gel passes into your breast milk and if it can harm your baby. Talk to your doctor about the best way to feed your baby if you use EPIDUO gel.

Tell your doctor about all of the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

- Especially tell your doctor if you use any other medicine for acne. Using EPIDUO gel with topical medicines that contain sulfur, resorcinol or salicylic acid may cause skin irritation.
- Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

WHAT SHOULD I AVOID WHILE USING EPIDUO GEL?

- You should avoid spending time in sunlight or artificial sunlight, such as tanning beds or sunlamps. EPIDUO gel can make your skin sensitive to sun and the light from tanning beds and sunlamps. You should wear sunscreen and wear a hat and clothes that cover the areas treated with EPIDUO gel if you have to be in the sunlight.
- You should avoid weather extremes such as wind and cold as this may cause irritation to your skin.
- You should avoid applying EPIDUO gel to cuts, abrasions and sunburned skin.
- You should avoid skin products that may dry or irritate your skin such as harsh soaps, astringents, cosmetics that have strong skin drying effects and products containing high levels of alcohol.
- You should avoid the use of "waxing" as a hair removal method on skin treated with EPIDUO gel.
- EPIDUO gel may bleach your clothes or hair. Allow EPIDUO gel to dry completely before dressing to prevent bleaching of your clothes.

WHAT ARE THE MOST COMMON SIDE EFFECTS OF EPIDUO GEL?

The most commonly reported side effects when using EPIDUO gel include erythema, scaling, dryness, application site irritation, stinging and burning.

Depending upon the severity of these side effects, patients should be instructed to use a moisturizer, reduce the frequency of the application of EPIDUO gel, or discontinue use.

Tell your doctor right away if these side effects continue for longer than 4 weeks or get worse, you may have to stop using EPIDUO gel. Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of EPIDUO gel. For more information, ask your doctor or pharmacist.

You are encouraged to report negative side effects of prescription drugs to the FDA at www.fda.gov/medwatch or call 1-800-FDA-1088. You may also contact GALDERMA LABORATORIES, L.P. AT 1-866-735-4137.

HOW SHOULD I USE EPIDUO GEL?

- Use EPIDUO gel exactly as your doctor tells you to use it. EPIDUO gel is for skin use only. Do not use EPIDUO gel in or on your mouth, eyes, or vagina.
- Apply EPIDUO gel 1 time a day.
- Do not use more EPIDUO gel than you need to cover the treatment area. Using too much EPIDUO gel or using it more than 1 time a day may increase your chance of skin irritation.

APPLYING EPIDUO GEL:

- Wash the area where the gel will be applied with a mild cleanser and pat dry.
- EPIDUO gel comes in a tube and a pump. If you have been prescribed the:
 - Tube: Squeeze a small amount (about the size of a pea) of EPIDUO gel onto your fingertips and spread a thin layer over the affected area.
 - Pump: Depress the pump to dispense a small amount (about the size of a pea) of EPIDUO gel and spread a thin layer over the affected area.

WHERE SHOULD I GO FOR MORE INFORMATION ABOUT EPIDUO GEL?

- Talk to your doctor or pharmacist
- Go to www.epiduo.com or call 1-866-735-4137

GALDERMA LABORATORIES, L.P., Fort Worth, Texas 76177 USA
Revised: February 2013

GALDERMA
Committed to the future of dermatology


Epiduo®
(adapalene and benzoyl
peroxide) Gel 0.1% / 2.5%

beauty NEWSFEED

Designer
Special!



GOLD HITS

Whether you're a white-, rose-, or yellow-bling kinda girl, Michael Kors has a shiny new fragrance (from a sparkling jasmine to a fruity floral to a woody citrus) to match.

MICHAEL KORS White Luminous Gold, Rose Radiant Gold, and 24K Brilliant Gold Eau de Parfum, \$100 each for 3.4 oz., macys.com

These hot new products will basically change your life.

BY MADDY ZOLLO

THROW SOME SHADE

Cool fashion brand Alice + Olivia has teamed up with Nails Inc to create polishes inspired by their boho-meets-rock fall collection. Just like their clothing, the colors are the perfect mix of playful and glam.

ALICE + OLIVIA X NAILS INC Nail Polish in (from top) Next to Nothing, Black Diamond, Midnight Merlot, and Rosé and Poetry, \$15 each, nailsinc.com



ALICE + OLIVIA FALL 2015



REACH HAIR NIRVANA

Mary Kate and Ashley Olsen, the designing duo behind Elizabeth and James, have infused the brand's cult-fave scents into dry shampoos. Bedhead has never looked—or smelled—better.



ELIZABETH AND JAMES Nirvana Black and Nirvana White Dry Shampoo, \$28 each, sephora.com



A HAUL LOVER'S DREAM

Add H&M's first full-range beauty collection to your list of reasons to hit up the store before school starts.

With over 700 (!) items under \$25, you don't have to pick just one.

H&M BEAUTY (1) Eye Colour Palette, (2) Cream Lip Colour, and (3) Pure Velvet Cream Blusher; \$10 each, H&M stores

SEVENTEEN.COM/BEAUTY Hack your beauty routine.

INTRODUCING LINERS WITH SPORT LEVEL PROTECTION.™



New Liners from Playtex® Sport® are amazingly thin, yet super absorbent, featuring a FlexFit design to twist and turn with your body. Sport Level Protection™, so you can Play On®.



ENERGY

You don't need ballet shoes and a perfect bun—or even crazy-stretchy legs—to channel your inner ballerina. Mimi Staker, a dancer with the New York City Ballet, uses this routine to warm up before rehearsals, but you can do it to keep your energy “on point” from first period to after-school practice. Trust. >>>

by ANDREA STANLEY

FORGET CAFFEINE!

Powering up your muscles in the a.m. gets your heart going, which sends oxygen throughout your body—setting you up to feel energized all day.

BARRE



Warm Up Everything

MOVE: Cardio Plié Jump

WHAT TO DO: Stand with feet hip-width apart, feet turned slightly out. Bend knees into a small plié. With hands at sides, jump straight up, keeping your core engaged and toes pointed, making sure to squeeze your glutes. Land softly back into plié position. Do 2 sets of 15 with a 15-second rest between each set.



Activate Your Arms & Core

MOVE: Plank

WHAT TO DO: Lie face down on the ground. Lift into a plank position, keeping your back straight, neck long, and elbows directly in line with your shoulders. Hold for 30 seconds. Repeat 3 times with a 15-second rest in between each rep.



Wake Up Your Legs

MOVE: Sumo Plié Squat

WHAT TO DO: Stand with feet wider than shoulder-width apart, feet turned out 45 degrees. Bend knees into a deep plié, keeping your pelvis tucked under and knees in line with your toes. Hold for 10 seconds. Return to start. Repeat 20 times.



NO BARRE?

No prob! Use a chair to help you balance.



Kick-Start Your Core

MOVE: V Sit-Up

WHAT TO DO: Lie flat on your back with legs extended. Leading with your chest (not your head), quickly lift your torso into an upright position while engaging your abs and lifting your legs (with knees slightly bent) to chest level; balance on your glutes. Keep arms parallel to the ground. Hold for 3 seconds. Slowly lower back down into starting position. Do 2 sets of 10 reps.

BEHIND THE SCENES WITH MIMI

THE 19-YEAR-OLD FROM RALEIGH, NC, DISHES ON BUNHEAD LIFE. FOLLOW HER ON INSTAGRAM: @MISSSSMIMI.

WHAT SHE EATS

"I like starting off my day with oatmeal because it helps my energy levels. Other than that, I love kale salads, and for date nights I like ordering takeout!"

HOW SHE DEALS WITH STRESS

"Calling my mom makes me feel better, but when I get really stressed, I'll listen to music—

Stevie Wonder always puts me in a great mood."

ON BALLET DATING

"My boyfriend [Sebastian] is a dancer, too. It's nice because we understand each other's schedules and we get to hang out a lot—we go to lunch together and we're in the same dance classes."

—Alex Abel

Boscov's



waitin' all summer for
FRIDAY NIGHT

#boscovsfridaynightfashion



boscovs.com Online #: 1150000

Can You Make Your Period shorter? lighter? Or change it at all?

We've all had those questions—and online searches bring up some crazy answers. Here's what's *really* possible.

By SHARON LIAO



KNOW YOUR BODY
Keep track of your cycle with Apple's new iOS9 HealthKit update, or download a free app, like Clue.

✓ FACT

Exercise can help relieve your cramps.

A regular workout does calm pains—and can even boost feel-good endorphins, which help with that WTF mood. Excessively exercising, however, can mess with your cycle—which is extremely bad for you, says Margaret Durante, M.D., an ob-gyn at NYU Langone Medical Center.

✗ MYTH

Popping an all natural supplement eases pain.

Your BFF suggests a magnesium pill, while your mom's friend swears by red raspberry leaf tea. Should you shell out your hard-earned money on herbal fixes? Sorry, there aren't any studies that back them up. Instead, try eating more salmon—the healthy fats have been shown to help you feel less achy.

✗ MYTH

Drinking lemon juice makes it go away.

Some of your besties may believe that chugging this sour drink can straight up stop your period. (It's based on a theory that the citrus causes your body to detox.) The only thing it'll do is give you a pucker face. "There's zero truth to this rumor," says Suleena Kansal Kalra, M.D., a reproductive endocrinologist at Penn Medicine.

✓ FACT

Birth control can lighten your period.

Yep, this theory is legit since hormones are the only thing that can affect your cycle. "Oral contraceptives provide a steady supply of hormones, which may ease or reduce the amount of time your period lasts," Durante says. Whether you're sexually active or not, you can talk to your doc about your options.

✓ FACT

Ibuprofen helps with everything.

The painkiller chases away aches, and because it causes blood vessels to narrow, it can also lighten a heavy flow. But follow dosage instructions on the bottle because consuming too many is dangerous, Durante says. She recommends taking 600 milligrams with food every six to eight hours. Buh-bye, period probs.

✗ MYTH

Taking a bath or swim will freeze your flow.

When you're underwater, it seems like your period "disappears." The truth: When you take a dip, the pressure of the water against your body can briefly slow your flow, but as soon as you get out, everything will return to normal. So, it's not a fix—just some cool science to share with your friends.

PROMOTION

Products

PRIZES

And More

Share your opinion with
Seventeen for the chance to win
amazing prizes and even be the
first to try hot new products.

seventeen
A-LIST



To join, log on to
SEVENTEENALIST.COM

PROMOTION

TRENDING 
@SEVENTEEN **SWEETS
EVENTS
PROMOS**

L'ORÉAL PARIS INFALLIBLE®

Introducing **L'Oréal Paris Infallible® Pro-Matte
Foundation & Powder:**

- Pro-Matte Foundation: Delivers up to 24-hours of medium, matte coverage in an air-light texture that's not heavy, masky or shiny
- Pro-Matte Powder: Lightweight powder that defies shine for up to 16-hours

Seventeen Social Club Member, Lydia, tried out the foundation and she loved the amazing matte finish that won't fall flat.



**"This foundation
is perfect for
Back-to-School
because it
stays fresh all
day long!"**

— Lydia, Seventeen
Social Club Member

For more information, visit **InfalliblePro.com**.
#IAmInfallible

L'ORÉAL
MAKEUP DESIGNER/PARIS

L'Oréal Paris provided Lydia with complimentary products to try.

GET PARTY STYLED!

Want to create a show stopping, glammed up look for homecoming, your Sweet Sixteen, a special dance or big night out? Check out these trendy designer brands that range from girly to classic chic for your next dress-to-impress event: **Angela and Alison, Blush, Jovani, JVN by Jovani, La Femme Fashion, Mon Cheri Shorts, Rachel Allan** and **Sticks & Stones** (a division of Mori Lee by Madeline Gardner).

For more information,
visit **seventeen.com/trending**.



**Flashion
Flowers™**

**From the
Park to the Dark!**



**The
First**

**Flower Headband
That LIGHTS UP!**



Flashion Flowers® is another innovative product developed by **Mia Beauty®**. You no longer have to go the mall to buy high fashion hair accessories.

Flashion Flowers® along with dozens of other products by Mia Beauty can now be found at your corner store.

Available at **CVS**
pharmacy

Mia
BEAUTY

MiaBeauty.com
(866) 866-9824

Looking Ahead

"I want people to see me for all of my qualities, not just as 'cancer girl,'" says Kat, now a junior and 18-months cancer-free. She raises money and awareness for pediatric cancer research under her fund-raising site, Kat's Crew, at giveto.seattlechildrens.org/katsdonations.



Cancer IRL*

***It's not like the movies**

We all know the fictional stories about teens fighting for their lives. Here's what it's like when you're actually one of them. **by KAT TISCORNIA, 16**

I always wanted to be different. I wanted to be that kid who had something that made her stand out, like an accent or an exotic birthplace. Toward the end of eighth grade, you could say my wish came true. I won the lottery—but the worst kind.

One day, I discovered a bump on my thigh. My parents and I believed it was just a bad bruise. But months passed and it didn't go away. Then, on March 3, 2013—a date I wish I could forget—I got the worst news of my life: I had a cancerous bone tumor known as Ewing sarcoma. Only 250 cases are diagnosed in the US each year. The small problems I worried about before I got sick—like whether or not my crush liked me back—began to get replaced. Instead I worried about nine months of intense chemotherapy, a major surgery to remove the tumor and rebuild my leg with a titanium rod, getting feeding tubes up my nose, keeping up my weight while my taste buds went crazy, and fighting for my life.

Before I got sick, the only kids I knew who had cancer were fictional characters, so when I knew my treatment would include chemo, I thought about every situation I had read about or seen in a movie. They all seemed to involve losing your hair, throwing up constantly, and being visited in a hospital by a celebrity. Some of those stories contained facts: I lost my hair and threw up a lot, just not uncontrollably. What those stories never could begin to convey, however, are the emotions I felt when I finally breathed fresh air after nine days in the hospital, how it hurt to lose friends



1. Kat, then 14, with her sisters, Lucy, then 6, and Hannah, then 10.
2. With friends at her eighth-grade graduation—one week before surgery.
3. Kat and Scooter last year at her first post-treatment competition.

who just weren't there for me, and the panic of knowing the rest of your life is on hold. I also didn't meet my own Augustus Waters—but I did meet people who continue to inspire me.

There were days I could do nothing but cry. I felt I was being punished for something, but what? Other times, I binge-watched sitcoms on Netflix, or

thought about my life after treatment. My biggest dream was riding my horse, Scooter, again.

I'm thankful to say I'm back in high school full-time. Life is a little easier now with hair on my head, but I walk with a limp and I know my nickname is Queen of Cancer. I often get a lot of curious or sympathetic stares; some people avoid talking to me altogether. I guess they're worried about saying the wrong thing.

I want to be a typical teen, but it's difficult. The day I got the news that a boy from the hospital had died was the same day my friend decided to have a breakdown over her hair. I couldn't get out of the conversation, so I told her that my hair doesn't look like Beyoncé's either, but at least we have hair and that's something to celebrate. It didn't go over well. I went off quietly and cried in the bathroom. Why did this boy have to die? It's just not fair. He had the same cancer as I did. I couldn't cry long, though. I needed to get to biology class for a test.

Cancer changed me. It taught me to understand that the day-to-day problems I faced before are really not that important in the long run. It taught me to be strong, confident, and brave, and to live in the present. Do I enjoy the new me? I'm still working on the answer because I haven't figured out exactly who I am yet. I can say that if this were *Freaky Friday*, and I could be the person I used to be, I'd definitely appreciate my precancer life more. But since I can't go back, I have no choice but to learn to accept and embrace the new me and my new not-so-normal life. ●



moisturize
rebuild,
strengthen
& get hair
looking healthy.

B₅

SHAMPOO

Drench and nourish strands with this rich blend with **Vitamin B5**. It helps to speed moisture to stressed locks, rebuild damaged lipids to improve ability to retain moisture, and adds strength and elasticity to help get your hair back to healthy.

Ogx[®]
beauty pure and simple

385 ml e 13 fl.oz.



FRIENDS, FAMILY & OTHER LOVES

(YOURCIRCLE)



Worried
this is
the end?
We feel you,
Sandy.

make your SUMMER LOVE LAST

Your romance doesn't need to cool off with the weather.
Three girls tell you how to make it work.

1 Plan Dates

"At the beginning of summer, my boyfriend and I made a bucket list of all the things we wanted to experience together that we'd never done before, like seeing a movie at a drive-in and going on a picnic. As school was about to start, we decided anything we hadn't crossed off yet would carry into the school year. It gave us something to look forward to!" —Shannon, 19

2 Keep It Chill

"I wanted to take the pressure off, so I told my summer boyfriend we should enjoy the moment and see where the relationship goes. Getting rid of expectations helped us. By not obsessing over the future, we valued all of our time together so much more. It made us grow closer and strengthened our relationship. We ended up staying a couple!" —Crystal, 20

3 Reconnect

"When you go from seeing someone all the time to being swamped with homework and extracurriculars, it's important to keep in touch—especially if you're long distance! Texts can be easily misunderstood, so we set aside an hour or so a week for a video date. Seeing a person's face is a much better way to gauge their emotion." —Robyn, 19

GIRL CODE
"I love being different and standing out," says Madison, who started vlogging on YouTube this year.

There are millions of girls who look up to Demi Lovato. I'm one of them. But I'm biased—we share the same DNA. We're

nine years apart, but we're so alike: We have the same taste in music, we always change up our hair, and we're obsessed with drawing future tattoos on ourselves. Demi calls me her mini-me. My mom even says it's like she's raising the same child again. So many younger sisters want to be completely different from their older siblings, but I can't fight it, and I don't want to.

Being a pop star's sister does come with its challenges, though. I've definitely met kids who wanted to be friends with me just to try to get to Demi. They'd constantly ask questions about her and what it's like to be her sister. It doesn't hurt as much as it's just annoying. It's something I've had to get used to. My true friends? They'll barely mention her name. That's how I know they're there for *me*.

It's harder to deal when it comes to social media. I always say I have a



TWINNING
"The older I get, the more I look like Demi," she says.

LIVING IN MY SISTER'S SHADOW

Madison De La Garza, 13, reveals what it's like to be related to **Demi Lovato** and how their relationship has shaped her life. **As told to Alex Abel**

name, but not everyone uses it. A lot of my followers only refer to me as someone's sister. That's not a great way to be known. It stings a little bit. Even so, I've never felt resentment toward Demi. It just gives me more inspiration to make a name for myself.

I created a Twitter account back in 2009 when I was cast as Juanita Solis on *Desperate Housewives*. I remember reading comments where people were telling me how ugly and fat I was. I was 6 years old. I never really thought looks were that important, but when I read those comments, I learned that there were fat girls and skinny girls, and I was not a skinny girl. There were times I would break down and cry; it felt so embarrassing. It was like a million people had seen my flaws. I was young, but I was mature, and from then on, it made me a lot more aware of what I was wearing, what I was eating, and what I looked like. I talked to my parents about it, but what helped me the most was seeing how Demi dealt with the same kind of bullying. I started to realize I wasn't alone. It took a very long time, but I began to think maybe people don't hate me as a person; they're just really unhappy with themselves.

It helps when Demi stands up for me online, too. For example, last year I got a ton of negative comments after I posted a Vine on Twitter where I was cooking with Demi. People made fun of me, saying I had a hunchback. Demi freaked and direct-messaged people to yell at them, and she tweeted at her followers to stand up for me. Sometimes I wish she wouldn't give people attention—I've learned not to—but when people hate on me, she can't really hold back. She's strong and she's a free spirit, and that's what I love about her.



DEMI GETS DEEP

The 23-year-old singer (and middle child!) shares how she keeps her sister bonds strong.

On sibling support

"I tell Madison to call me as much as possible. I want her to come to me with things. I just let her know that I'm always there for her, whether I'm on the other side of the world or I'm next door."

On being an inspiration

"As meaningful as it is to me that a lot of young women look up to me, I want to be the best role model for Madison. Her happiness is so important. I try to make her feel better in whatever way I can."

On having a big sister

"Dallas was popular at school and I was known as *her* sister. I lived in her shadow and as much as it sucked, it made me strive to get out of it. That's what's cool about Madison—she's done that."

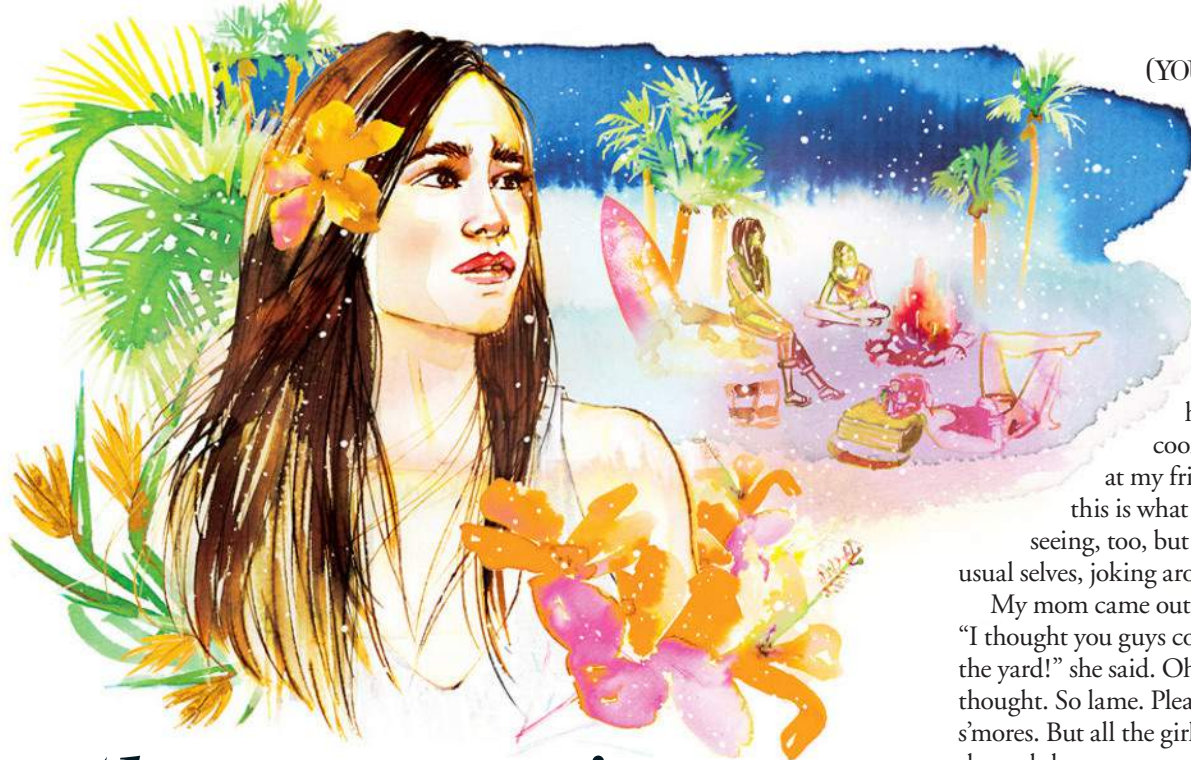
On being herself

"I never conformed to what everyone thought I should be. I tried to go the preppy route; it just wasn't there. I listened to metal, dyed my hair black. When I found my individuality, I ran with it."

That support goes both ways. When she's mad or hurt about something her friends did, she'll talk to me, too. She's human, and she wants me to know it's okay to feel jealous and upset. And even with our age difference, I still feel protective of her. When I see her in an uncomfortable situation, I automatically want to fix it. We really relate to each other on that level, and I think that's what sisterly love is all about.

I think when people say they wish Demi Lovato was their sister, they don't realize how hard it is to be related to someone who's constantly away on tour. But she's good at making time for me. We text constantly, and whenever she sees a funny tweet, she'll screenshot it and send it to our family group message (which includes our mom and our sister, Dallas, 27). My phone is constantly going off just from that. When Demi is home, our relationship is just like any sisters'. We get fro-yo and watch the ID channel—we're obsessed—and we talk about anything and everything. I know I can trust her with it all.

Even though I have a famous sister, I live a normal life. I go to school and I take aerial classes a couple times a week—I'd love to join Cirque du Soleil or a small circus group. It's funny, when people ask if I play any sports, I'm like, "Does circus performing count?" But acting is my number one, and I'm auditioning for roles as much as possible. A lot of people say, "Oh, she's trying to be Demi." That's not it at all. In fact, when I think of what I want to do when I'm older, I don't even think of my sisters. In a way, I would love to be different from Demi because then I wouldn't be compared to her as much. But we're just so much alike, and as long as I know I'm being myself, that's all that really matters. ●



the comparison COMPLEX

Growing up, author **Kaui Hart Hemmings** thought of her friends as equals. But what would happen if they found out her house wasn't as nice as theirs?

I grew up on Oahu, Hawaii, in a nice house in a nice neighborhood. While my family wasn't down-and-out, we were nothing like so many who surrounded us. My friends' houses had lion statues out front, infinity pools in back, and gorgeous bedrooms inside. Meanwhile, our house was lovely, but it was old-looking and relatively small. (One of our three bedrooms was the size of a friend's walk-in closet.) It didn't have a garage door to hide our Hondas, and my dad, not a team of workers, tended the yard. At my private school, kids assumed I was wealthy since my dad was a well-known local politician and world-champion surfer, and I did nothing to challenge that assumption. Once I lied that we used a house across the street as our playroom.

My core group of friends all happened to be incredibly rich and I avoided showing them my house. In the summer, our routine was to surf

and canoe paddle, and we often went to someone's house for the night. Anne had a surf spot right in front of her house and a water bed. Lindsey had an outdoor theater. Joy had a miniature horse. Bree had her own cottage. I'd always put off my turn to host, claiming my parents said no (never the case—they always encouraged me to have people over) or my sister was having her friends come by.

But finally, my friends insisted I be in the rotation. I thought of my small bedroom, right next to my mom and dad's. Their bedrooms seemed miles away from their parents'. We were friends and we were equals, yet when it came to our homes, I felt like I wasn't on even ground. I counted down to my hosting duties with dread.

The girls came over the next day. I was sullen and anxious. I led them up the outdoor stairs and saw what wasn't there—no sprawling yard that led to the sea, no lustrous pool, no

housekeeper or cook. I was looking at my friends, thinking this is what they were seeing, too, but they were their usual selves, joking around and happy.

My mom came out to say hello. "I thought you guys could camp in the yard!" she said. Oh, my God, I thought. So lame. Please don't offer s'mores. But all the girls were game. I showed them my room and we ended up hanging in there, doing the same things we did at their houses—talking, taking funny pictures. I forgot my worries and not only started to have fun, but also to feel good about my home. These friends weren't going anywhere, and these friendships weren't hinging on material things.

My mom did end up offering us s'mores and spaghetti and popcorn, which we ate under the stars. It ended up being one of the best nights of the summer, and it made me commit to the rotation. Camping in the yard was something everyone looked forward to after that, and its success made me realize that we all have something to contribute—a uniqueness to our homes, families, and personalities—that no one else has.

The next day we surfed. I looked at the beach, the soaring palms, the curve of the island. Beside me were my friends, some of whom would remain my friends to this day. All of it was mine. Though I still haven't perfected the skill of not comparing myself to others, I have learned to take inventory every so often—not just of what I have but of what surrounds me: the people, the world. When you see what's there versus not there, you can't help feeling life is balanced, bold, and abundant. ●

*Kaui's debut YA novel, **Juniors (G.P. Putnam's Sons)**, is out September 22.*

SAVE the
UNDIES*



STOCK UP TO HELP
STOP LEAKS

#STOCKYOURSTASH with our Ultra Thin pads featuring the **Xpress DRI*** cover for crazy fast absorption to help stop leaks.

GRAB A **FREE SAMPLE** AT UBYKOTEX.COM





SKECHERS
MEMORY FOAM™

COLORFUL COMFORT™





THE REALE

Iggy Azalea isn't afraid to speak her mind—on social media or in her music. In an honest and revealing interview, she shows off the power of being true to yourself.

By **Monica Rizzo** / Photographs by **Max Abadian** / Styled by **Alejandra Hernandez**

in the fast lane

"I came from a small town and felt like I didn't have access to fancier things," she says. "I wanted to break out and achieve those bigger dreams."

TOP Filles a Papa, fillesapapa.com. **SKIRT** Alice + Olivia by Stacey Bendet, alicelandolivia.com. **BRACELETS AND RINGS** Maria Francesca Pepe, mariafrancescapepe.com. **SHOES** MARSKINryppy by Nicole Brundage, Capretto Shoes Miami or call 305-661-7767 to order.

ST

WHEN IGGY

Azalea talks about Britney Spears, there's no reason to believe the rumors about drama between the blondes. While the pair worked on "Pretty Girls" together, Iggy says they actually discovered a real connection. "We bonded over our crazy lives." In fact, collaborating with major stars has provided the rapper with more than just awesome songs. "It's good to see other women who are successful and hear how they cope with life and the different things they do to be happy," she explains. And as for Britney, she adds, "It gives me hope that I can survive if she can do it."

At 25, Iggy Iggs may be one of the world's most celebrated new artists—not only did she have three top 10 hits at the same time, but "Fancy" also was the most streamed song on Spotify last year—but her struggle is real. "I might have 10 million people who love me, but I also have 10 million people who hate me," she admits. "I knew that if I was going to look the way I look, be from Australia, and rap, I was going to be polarizing."

To Azaleans, she's an inspiration who has paved her own way in the rap world and proved you can make your dreams come true. Yet over the past few years, she's also feuded with fellow artists, faced body bullies, and even had to apologize for offensive tweets. ("I meant no harm and deeply regret ever uttering these words," she has said.)

And let's not forget the Billboard Music Awards in May when Iggy's changing look made more headlines than her wins. (More on that later.) "A lot of people in the media flip on me, and I haven't done anything different besides have a song that's really successful," she says. "I feel like I'm back in high school all the time."

That was a place she worked hard to escape. Growing up as the oldest of four kids in Mullumbimby on the east coast of Australia, Amethyst Amelia Kelly (yes, that's her real name) was a girl who loved music, obsessed over certain parts of her body ("I have cankles!"), and was teased by classmates about her wild outfits. "I loved the learning part of school—art classes, English—but I didn't like interacting with kids," she explains. "I didn't connect with them, and that's a really lonely feeling." Switching to a homeschool program made her happier because it gave her time to chat with online friends and work part-time cleaning houses (something her mom did, too). She also dreamed about America. "I loved rap

music and the entertainment business, and I just wanted to see everything," she says. "It was way more interesting than anything going on in my town."

At 16, Iggy convinced her mother to let her go to Florida with friends on vacation. Iggy's real plan? Move to Miami, where she built a supportive network who shared her creative passions. "We motivated each other," says Iggy. (For the record, her mom has since been "really supportive.") "It was dreaming and failing, having small wins and big losses all of the time."

These days, she has had a few big wins. She recently got engaged to L.A. Laker Nick Young, and her carpool karaoke session with James Corden racked up 3.2 million views on YouTube in just four days. At the moment, she's taking a breather from music, canceling her tour because of a "creative change of heart," and because, she says, "I need a break from everything to just enjoy what I worked so hard for." On a quiet Saturday afternoon, Iggy opened up for the first time about going under the knife, how she deals with haters, and when she feels like her best self.

Back in May, a lot of things were written about your new look.

Oh, my God, I know!

Sooo, did you have a nose job?

I'm not denying it. Denying it is lame. I don't think you should be ashamed if you made a change to yourself, which is

**"Some days I feel like
SUPERMAN . . . and some days
my feelings GET HURT."**



girl trouble

"If I receive criticism for the way I look, it's not that I necessarily believe the things they are saying, but it still hurts my feelings."

COAT Kaelen, kaelennyc.com.

BODYSUIT H&M, hm.com.

RECTANGULAR PENDANT White Moth, whitemothjewelry.com.

LONG PENDANT JvDF,

thewebstermiami.com. **BRACELETS**

Melinda Maria, melindamaria.com.

GOLD BANGLE (worn throughout)

Iggy's own Cartier. **RINGS** Dana Rebecca Designs, danarebeccadesigns.com.

new classic

"It took me years to realize I can take things I like from different styles of music or clothing, mix them up, and make it my own."

JACKET Nour Hammour, nour-hammour.com. *TEE* L'Agence, ronherman.com. *PANTS* Peter Jensen, peterjensen.co.uk. *NECKLACE* Melinda Maria, melindamaria.com.

Hair: Ursula Stephen, Motions Celebrity Stylist at Starworksartists.com.

Makeup: Cassie Lomas at Creatives Agency using Chanel.

Manicure: Linh Huynh at HD Nails Salon.

why I've spoken about the changes I've made, like with my breasts. [She had implants within the past year.]

What would you tell a girl who is considering plastic surgery?

Your perception of yourself can change a lot over time, so I think it's important to wait and make sure it's the right choice. Plastic surgery is an emotional journey. It's no easy feat to live with your flaws and accept yourself—and it's no easy feat to change yourself. Either way you look at it, it's a tough journey. There are things that I didn't like about myself that I changed through surgery. There are other things I dislike but I've learned to accept. It's important to remember you can't change everything. You can never be perfect.

How did your implants help you feel better about yourself?

I probably could have lived my whole life without boobs and been okay. But I always wished I had some boobs. I wanted a little bit of shape, I thought about it for years, and I got to a good financial place where I was able to consider it. I'm glad I did it.

Now that you're famous, do you feel your looks are under more scrutiny?

Definitely. Body image is tough. There are things like your legs, weight, or cellulite that you can't help—or might not even have an issue with. I try not to let it affect me. People's bodies change. Different times of the month you can be pimply or weigh 10 pounds more. You could be on the beach and someone says you're a whale, and the next week you have abs. It's hard to be a woman in 2015 with social media. There's so much more emphasis on taking pictures of ourselves and the "likes" or people commenting on them. There's a lot more pressure to look beautiful. Some days I just want to look like s*** and feel okay with that.

Did you struggle with body image issues growing up?

I've always had things I've loved and things I wished I could change. It's

hardest when people point them out to you. I got teased for a long time about having "hairy monkey legs." I started school a year early, so I was one year younger than all the girls. When they all started shaving their legs, I wasn't, and I got a lot of s***. I felt really sad about it, but I wasn't ready to do it. But I got teased so much that I finally used my mom's razor and shaved and I thought, Now I'm not going to get teased. And then I got teased *for* shaving!

What was school like for you in general?

I went from preschool to high school with the same 30 to 40 kids and I never had the feeling I fit in. I definitely liked to dress very differently than the other kids. I'd get teased a lot. It was,

not one kind of love you feel. Every time I have fallen in love, it's been different. All my other relationships were really turbulent, super-passionate, and very up and down. I'd think, That's the intensity of love. The thing that is different about Nick is he is somebody I got along with as a friend. I didn't feel like I had to dress up all the time or look a certain way. I felt like I could let my hair down with him and really have a laugh. We don't fight very often at all. I also think he's super-sexy!

You still face a lot of criticism.

How do you deal with it?

When it first started happening, I went out on the offensive, as anybody would. I spent a lot of time trying to defend myself on Twitter or social media—the

**"It's no easy feat to
LIVE with YOUR FLAWS
and ACCEPT YOURSELF—
and it's no easy
feat to change yourself."**

"Ew! Why are you wearing that?" It was also that weird mean-girl teasing, where the same girls you'd have lunch with would give you a hard time and you never knew if you were actually friends or not. Then you want to do something to appease them, and when you seem so close to having their approval, you end up being another joke. That can get frustrating.

Your relationships haven't been easy either. Maybe you had one that didn't go well and maybe you have a tattoo to prove it?

Maybe it's left on your pinkie finger in a rectangle? [Laughs.] Yeah, I've had a lot of relationships, some really toxic. Ones that come back to haunt me and one really special one.

Now that you're engaged, any advice on finding The One?

I've realized as I've grown older that every relationship is different. There's

place I thought I had a voice. That was more detrimental than good because it's seen as if you're an angry, bitter woman. Now some days I feel like Superman and I don't care at all what people have to say, and some days my feelings get hurt.

What are things you can do where nobody is critical and everybody loves Iggy?

Shut off the Internet! [Laughs.] I feel like I have to do that to be in a happy space, but I still want to be able to communicate with my fans. I don't know how to find that balance. It's hard. I ride horses every single day, and I don't think anybody there cares if I'm a rapper or not. It's good to have a hobby. You can like a lot of different things that might not necessarily gel. I like rap music, I love Taylor Swift, and I love to ride horses. Giving myself the freedom to just enjoy whatever I want to enjoy, that's when I'm the most me.

BY Heather Viggiani
PHOTOGRAPHS BY Tom Schirmacher
STYLED BY James Worthington DeMolet



RECENT GRAD

Name: Ethan Hon

Age: 28

Hometown:
Hong Kong, China

Instagram:
@ethanhon_
official

Aesthetic:
Modern and bold

First design: "A skirt for my little sister out of old jeans! The best part is, I didn't have a sewing machine, so I did it all by hand."

Biggest challenge:
"Standing out! By exploring lots of new styles, I eventually found the one that felt like my unique voice."

talented

Where do tons of A-list designers get their start? The New School's Parsons School of Design. Here, model Sailor Brinkley Cook shows off looks created by four recent grads who are the future of fashion, alongside those of famous alums who have made their own indelible mark.



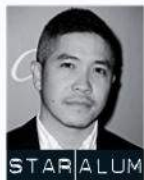
“

I am forever grateful for everyone I crossed paths with. From my professors to my classmates, they all had such an impact on me both personally and professionally.”

—Prabal Gurung

THIS PAGE:
COAT AND DRESS Prabal Gurung, prabalgurung.com.

OPPOSITE PAGE:
TOP AND PANTS Ethan Hon, sales@ethanhon.com.
BRACELET Coco Loves Rome, cocolovesrome.com.
SHOES The Mode Collective, usa.themodecollective.com.



“

Parsons is a valuable resource; I was able to choose the courses I felt I needed when making the transition from fashion editor to designer.”

—Thakoon Panichgul

THIS PAGE:
DRESS AND TURTLENECK
Thakoon, Ikram.

EARRINGS Banana Republic,
bananarepublic.com.

OPPOSITE PAGE:
JACKET AND JEANS
Carmen Gama,
carmengama50@gmail.com.
TANK GapBody, gap.com.
SHOES Pollini, pollini.com.

Model MOMENT: SAILOR BRINKLEY COOK

Hometown: Sag Harbor, NY

Instagram:

@sailorbrinkleycook

Model breakthrough:

“My mom [Christie Brinkley] is a model, so it’s something I’ve always wanted to do. I started when I was 14!”

Dream college:

“Parsons! I want to study photography there.”



Name:

Carmen Gama

Age: 29

Hometown:

León, Mexico

Instagram:

@gamacarmen

Aesthetic: Bright and sporty

Inspiration: "My parents! My father was a cobbler, and my mother designed and made her own clothes."

First design:

"When I was 7 years old, I made a Nefertiti outfit out of old bed sheets."

Personal mantra:

"Remain true to yourself but also be open for new possibilities and ideas."

Beauty Tip

An attention-grabbing coat pairs perfectly with just-as-loud lips. For a bold red pout, try Dior Addict Lipstick in Too Much #951, \$35, dior.com.



“

Parsons prepared me for a life of creativity. What I learned remains an integral part of my career.”

—Derek Lam

THIS PAGE:

TRENCH DRESS

AND TROUSERS Derek Lam, dereklam.com.

TOP Nomia, totokaelo.com.

EARRINGS Meadowlark, American Rag.

BRACELETS Robert Lee Morris, robertleemorris.com.

SHOES Coach, coach.com.

OPPOSITE PAGE:

DRESS AND SWEATER

Bo Byun, bobyun.com.

HAT House of Lafayette, houseoflafayette.com.





RECENT GRAD

Name:

Bo Kyung Byun

Age: 23

Hometown:

Seoul, South Korea

Instagram:

@bo_byun

Aesthetic: Cool and girly

Inspiration: "The amazing style of people walking down the streets of New York City."

First design:

"When I was little, my mom helped me rescue a fave T-shirt after it shrank in the dryer. We deconstructed it and added a new printed panel, making it even cooler!"

Best lesson

learned: "It's hard to impress everyone and critiques will happen. Just be confident and keep pushing on!"



STAR|ALUM

“

I got a an F in draping! Yet my failures became my success. Parsons is also part of my future: They're collaborating with my Urban Zen Foundation.”

—Donna Karan

JUMPSUIT, SHIRT,

AND BELT Donna Karan
New York, donnakaran.com.

BRACELET H&M, hm.com.

HAIR: Zaiya Latt for
Bryan Bantry Agency.

MAKEUP: Kristin Hilton
at The Wall Group.

MANICURE: Fleury Rose
for Dior Vernis.

Beauty Tip

Rock a scent inspired
by Parsons's home turf,
New York City:
DKNY Be Delicious
(\$68 for 1.7 oz., macys.com). It's spiked with
apples—natch.

WOMENSWEAR
DESIGNER OF
THE YEAR

She's Changing the World with Her Designs. Really.

Lucy Jones took home the top prize at Parsons with a thoughtful collection that improves the lives—and wardrobes—of those in wheelchairs.

Lucy developed downloadable patterns so other designers can use them to make the pieces, too.



Hometown: Cardiff, Wales, UK
Age: 23
Instagram: @lucybrucie

You've probably had a pair of jeans that's totally comfy when you're walking around, but as soon as you sit down in class, they ride up, and, um, ouch! Now can you imagine living with that kind of inescapable discomfort your entire life? That can be the case for someone in a wheelchair—a fact Lucy Jones learned from her cousin Jake, who is hemiplegic. (He has restricted mobility along his left side.) "The only challenge he continued to face while living in a wheelchair was getting dressed independently and being comfortable in his clothes," she says. "I realized that there was this huge issue that no one in the fashion world was talking about."

It was around the same time that Lucy's design communication teacher challenged her class to "design a project that will change the world." At first she thought, How can I possibly do that? Then Jake came to mind, and she set out to speak with more people who rely on self-propelled wheelchairs. As she heard about their clothing concerns—proper fit, maneuverability, and sheer lack of options, to name a few—she knew she had to use her education to help. "I finally realized that fashion *does* have power. And that I could do more than simply make a pretty dress."

And she did. Her project, "Seated Design," earned her the coveted Womenswear Designer of the Year award at the Parsons 2015 graduation ceremony in May. (It was presented by past winner Marc Jacobs.) It was the result of years of research, countless measurements, and a fair share of trial and error. Her designs not only feature details such as special zippers that make pieces easier to put on and custom construction for bent knees and elbows (see below), but they're also totally fashion-forward with a clean, modern aesthetic. Lucy maintains that while she focused hard on her final concept, she discovered the secret to balancing work and play. "Having small breaks away from studying nourishes your creativity and helps you to gain a fresh and different perspective on your work when you return," she says. "Though it's often difficult to tear yourself away!"



LEFT: Snap closures make it easier for someone with limited mobility to take a shirt on and off. **ABOVE:** Lucy designed the elbows of her shirts with pleats to make it easier for people to propel themselves in wheelchairs. The sleeves are also reinforced so they don't wear too quickly from leaning on arm rests.

english (is) m

British “It” chicks have been inspiring style crushes for decades. Here’s how to make their cool-girl beauty signatures your own.

by Marta Topran

photographs by Kai Z Feng

styled by James Worthington DeMolet

WISPY bangs

Heard of the Hermès Birkin bag? It’s named after ’60s babe Jane Birkin, whose piecey fringe is a look Brits like Alexa Chung rock today. Don’t want to make the cut? Slip in a fake set (try Hairdo by HairUWear Clip-In Bang, \$29, ULTA stores) and add messy texture with dry shampoo (like Dove Refresh+Care Invigorating Dry Shampoo, \$3.80, drugstores).

COAT Thakoon Addition, Barneys
New York. **SWEATER AND SKIRT**
Thakoon Addition, Ikram. **LARGE**
GOLD RING AND CAGED RING
(pointer finger), White Moth,
whitemothjewelry.com. **THIN GOLD**
RINGS Gorjana, gorjana.com.

ajor:



STATEMENT
lashes

Thanks to '60s model Twiggy, bold bottom lashes are iconically English. Hold your mascara wand vertically and swipe side to side for this cool clumpy effect. Rimmel London Wonder'Lash Lift Me Up Mascara (\$9, drugstores) adds extra oomph.

THIS PAGE: SWEATER AND TURTLENECK Hilfiger Collection, Tommy Hilfiger store or call 212-223-1824 to order.
EARRINGS Charming Charlie, charmingcharlie.com.
OPPOSITE PAGE: COAT Coach, select Coach stores.
TOP Missguided, missguidedus.com. **SKIRT** Boohoo, boohoo.com. **NECKLACE** Rosa de la Cruz London, Browns at Farfetch.

POWER brows

All hail Cara Delevingne, commander of the arch revolution. Steal her style by first filling in brows with powder (try CoverGirl Bombshell Powder Brow+Liner by Lashblast, \$9, drugstores), then set them with a tinted gel (like Dior Diorshow Brow Styler Gel, \$29, dior.com).





DON'T-CARE hair

The Brits basically invented bedhead. (See: Kate Moss.) Rock this easy style by creating a center part in your hair and loosely wrapping the front sections around a 2-inch curling iron. Then spritz in salt spray (try TRESemmé Perfectly (un)Done Sea Salt Spray, \$7, drugstores) and tousle.

THIS PAGE: SWEATER Gap, gap.com.
PANTS Jill Stuart, jillstuart.com.
NECKLACE Walt Cassidy Studio, waltcassidy.com. **SILVER BRACELETS** Kelly Wearstler, kellywearstler.com.
GOLD BANGLE Maya Brenner, mayabrenner.com. **OPPOSITE PAGE: TURTLENECK** H&M Studio Collection, hm.com. **COAT** Jill Stuart, jillstuart.com.

Hair: Nicolas Eldin using T3 Micro at Art Department. Makeup: Christian McCulloch for Dolce & Gabbana Makeup. Manicure: Daria Hardeman with Artists at Wilhelmina using Dior Vernis.



girl trouble

"If I receive criticism for the way I look, it's not that I necessarily believe the things they are saying, but it still hurts my feelings."

COAT Kaelen, kaelennyc.com.

BODYSUIT H&M, hm.com.

RECTANGULAR PENDANT White Moth, whitemothjewelry.com.

LONG PENDANT JvDF,

thewebstermiami.com. **BRACELETS**

Melinda Maria, melindamaria.com.

GOLD BANGLE (worn throughout)

Iggy's own Cartier. **RINGS** Dana Rebecca Designs, danarebeccadesigns.com.

seventeen
SUMMIT

Let's Talk About...

RACE & REALITY

It's impossible to ignore what's going on: You've seen pictures from Charleston, read Zendaya's post to haters about her hair, or used #blacklivesmatter. But how does it affect you? Here, five girls discuss the hot topics of the moment, their personal experiences—and how your voice can make a difference.

— By *Bernadette Anat* & *Andrea Stanley* —

"In the lunchroom, it's like all the Muslims, all the African-Americans, all the Caucasians—NO MIX whatsoever."

“RACE NEEDS TO BE DISCUSSED.”



the VOICES

Meet the teens
who joined
our conversation.

Tia, 19

Hometown: New York, NY
Career goal: Music therapist
The state of race in America makes me feel: "Strained"



↑
Adre, 19

Hometown: Carson, CA
Career goal: Labor and employment attorney
The state of race in America makes me feel: "Disheartened"



→
Amara, 18

Hometown: Baltimore, MD
Career goal: Women's rights attorney
The state of race in America makes me feel: "Infuriated"



←
Taylor, 17

Hometown: Assumption, IL
Career goal: Writer or journalist
The state of race in America makes me feel: "Disheartened (but hopeful)"



↑
Deborah, 18

Hometown: Pittsburgh, PA
Career Goal: International journalist
The state of race in America makes me feel: "Perplexed"



Hot Topic

RACE QUESTION

One of the hardest questions on a standardized test is often the one about your race. If only “It’s complicated” were an option.

What is your race?

- | | | |
|---|--|---|
| ☐ White | ☐ Asian Indian | ☐ Guamanian or Chamorro |
| ☐ Hispanic/Latino/Spanish | ☐ Chinese | ☐ Samoan |
| ☐ Black/African American | ☐ Filipino | ☐ Other Asian |
| ☐ American Indian or Alaska Native | ☐ Japanese | ☐ Other Pacific Islander |
| | ☐ Korean | ☐ Some Other Race |
| | ☐ Vietnamese | |
| | ☐ Native Hawaiian | |

Deborah: “I was born in the US, but my parents are from Uruguay. It gets confusing because my family immigrated from Lithuania and Poland to Uruguay to escape the Holocaust. I’m kind of a mosaic. I look Caucasian, but I identify as Hispanic.”

Amara: “My parents are from Sri Lanka, but I was born in America. I don’t really identify as a Sri Lankan because I don’t really identify with the culture. On official documents, I put I’m Asian, but I wish ‘American’ were a race.”

Tia: “On my father’s side, I’m French and Native American. On my mom’s side, I’m African-American, from the South, and also Jamaican. So it’s just a mix of things and I’ve always felt very culture-less because of that. The thing I check off on the test paper is ‘African-American,’ but I really identify with being Caribbean.”

Taylor: “I identify as white—Caucasian. That’s pretty much it.”

Adre: “My parents are from the Philippines. I can understand their language if they talk to me, but I can’t speak it. And I don’t know much about the culture that I would fully identify with being Filipino. But on a test, sometimes I have to put ‘Asian-American.’ It’s kind of confusing.”



Hot Topic

RACHEL DOLEZAL

“WTF?” “Oh, no.” and “Can you be transracial?” Those were some of the reactions when people heard about this white woman who spent years identifying herself as African-American and worked as a leader in the black community.

Amara: “You can’t just become a certain race and then all of a sudden understand the struggles of a black person. Being an African-American is so much more than being black.”

Tia: “If a black person wanted to be white because they *felt* like they were white, it would be a whole different conversation. People who may have darker skin don’t have that choice to just change races.”

Taylor: “I thought it was kind of silly we were focusing on this woman when there are so many other issues we could

have been focusing on. I also think you can be white and still help the cause.”

Adre: “If a female writer used a pen name, she’d use a man’s name because she might get published more. I think it was kind of like that. She probably feels like she wouldn’t be heard because of the color of her skin. I can see where she might be coming from.”

Deborah: “Maybe she isn’t lying; maybe this is how she feels. But race isn’t like sexuality—you can’t be born *thinking* you’re a certain race. [It’s about] where your ancestors are from.”

Hot Topic

ZENDAYA’S HAIR

Don’t mess with Daya—or her locks. In February, the actress-singer fired back after a TV personality suggested her dreads smelled like weed.

Adre: “Why does Kylie Jenner get to wear dreadlocks and she looks ‘fierce and amazing,’ but when Zendaya wears it, she gets stereotyped into smelling like weed? I bet she smelled fabulous, okay?”

Tia: “I’m going to be going to school with a lot of white people, and I’m so used to being around a diverse environment—all my friends are from different places in

the world. It’s disheartening to know that this is what some women are exposed to, or they think that black hair and dreads smell like weed.”

Taylor: “The whole thing made it apparent that this was another problem with how some people view cultures and race.”

Deborah: “You can’t really sum up a culture into one huge stereotype because A) it’s horrible and B) it’s not applicable—it’s just ridiculous.”





Hot Topic

RECENT VIOLENCE

Many of us live in a constant state of sadness, shock, and fear after more than a year filled with riots and hate crimes, including the tragic murders in Charleston, South Carolina.

Adre: “I think the riots are a huge reality check. Our country needs to make stronger efforts toward justice and equality among all races. It cannot just be a minorities’ battle—the entire country should be working toward a peaceful and equal society. As for the Charleston shooting, it’s as if those horrid incidents in our history textbooks are starting all over again.”

Taylor: “I’m disgusted by everything that’s going on. Charleston was racially motivated, and too many people are afraid to acknowledge it. We grew up being told that racism ended after the civil rights movement, and it’s easier to believe that as opposed to understanding that there are some deep-rooted issues that are problematic and we need to make changes. Some people don’t acknowledge racism still exists because it doesn’t affect them.”

Tia: “When a black person commits

a crime, the whole black culture gets bashed. When a white person commits a horrible, horrendous crime, just that person gets blamed. That has been a big thing for me. People in my newsfeed are talking about what this says about us as a country.”

Amara: “As a Muslim American, I can’t help but notice that we are so reluctant to bust out the T word—*terrorist*—when the perpetrator of violence isn’t Muslim. I mean, terrorism has no race, no religion. I think it’s really unfair, and it’s a struggle that I have identified with.”

Adre: “A lot of my minority friends are stereotyped as the dangerous, scary ones, but in many of these situations, white males have been doing the harming. My friends don’t feel safe around police anymore. I think the subject of fear is a really big deal. I get scared just seeing police around. Not because they’ll pull me over, but because if they do, what can they do to me? What can they do to my friends? I’m scared for them. And it’s like the people who are supposed to protect them just harm them. What are we supposed to do?”

Tia: “Race needs to be discussed, especially when we see all this stuff happening. It’s important to have conversations about the issues with your friends and parents so that we know that they exist and we’re not just acting as if America’s perfect when obviously that’s not the case.”

Hot Topic

SOCIAL HASHTAGS

With movements like #blacklivesmatter, you can connect with each other and change the world.

Taylor: “My community is almost 100 percent white, and because of social media, I’m able to see that white privilege exists and racism is everywhere. It’s enlightening. Seeing the stories helps me to be more empathetic and more aware. People I’ve never met have really educated me on issues I may not have been a part of before.”

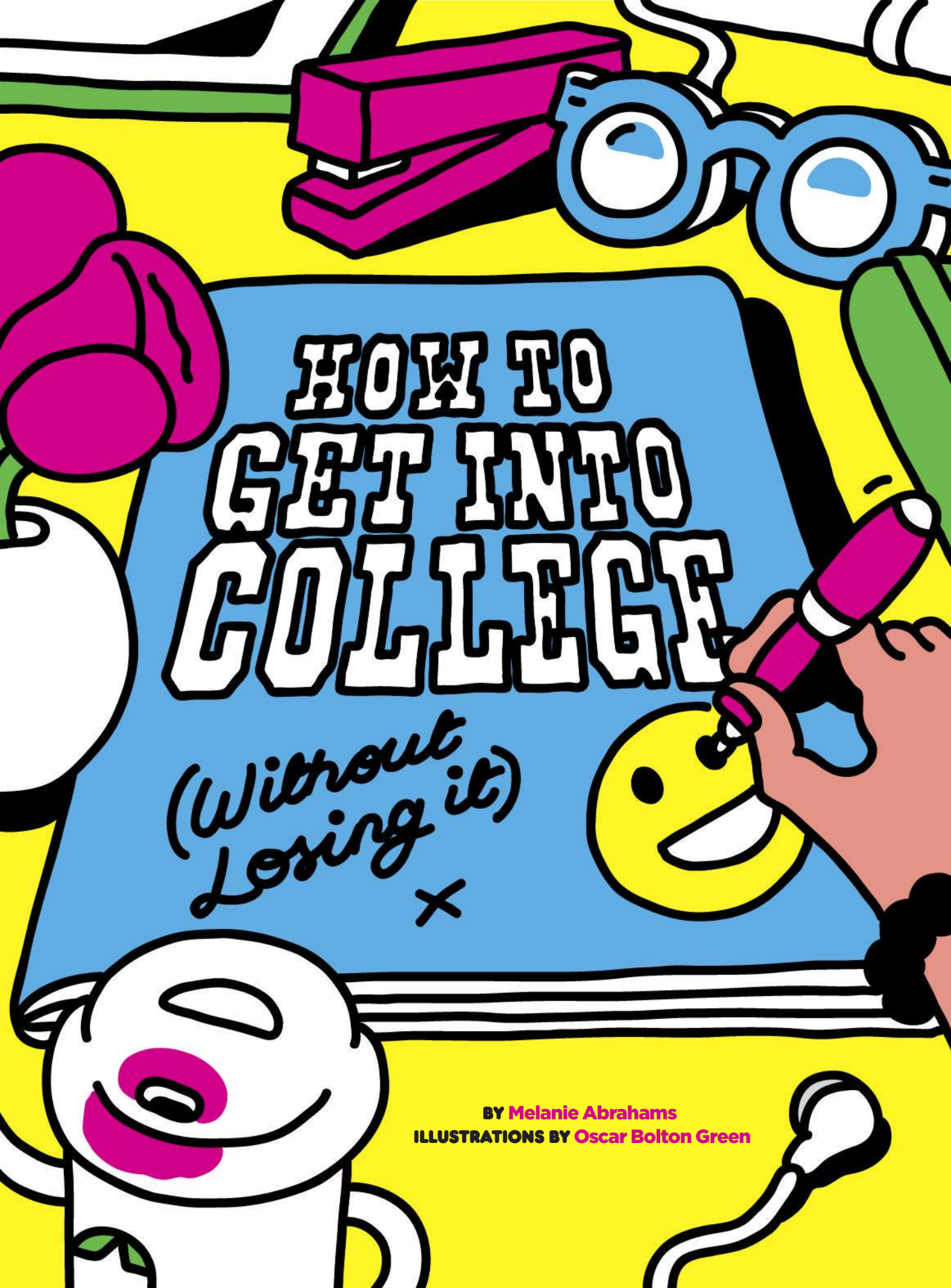
Amara: “Social media empowers us and gives us a platform, which we can use to become the catalysts for change. When I see my friends or followers advocating for a cause, I want to check it out.”

Adre: “I’m always cautious when I read a story from social media because it’s hard to know what the truth actually is. I don’t like how easy it is to read something biased without even knowing it.”

Tia: “Most news that I trust comes from people who post articles on Facebook, so I learn that way. I see a lot of articles from a lot of different sides.”

Keep Talking!

Your voice matters. To connect online or in person with girls who want to continue the conversation about race and other issues, visit IAmThatGirl.com.



HOW TO GET INTO COLLEGE

*(Without
Losing it)*
x

BY **Melanie Abrahams**
ILLUSTRATIONS BY **Oscar Bolton Green**

The only thing standing
between you and your
#CollegeGoals
is the Common App—plus
a kick-ass essay,
solid test scores, glowing
recommendations,
and...okay, that's a lot.
True: Getting into college can
seem overwhelming.

Also true: It doesn't
have to be. Our stress-free guide
will allow you to
stop freaking out
about *if* you'll get in and
start thinking about
which school's offer you're
going to accept.

All right, Class of 2016,
let's do this!



FUN!

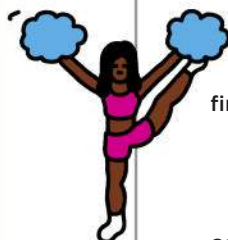
Pick the Perfect School!

Wondering what your college spirit animal is? Stephanie Kaplan Lewis, author of *The Her Campus Guide to College Life*, breaks down how to decide from all the different choices.

63%
of students would like to go to a college more than **250 miles** from home, according to a survey by The Princeton Review.

TALK TO YOUR PARENTS

Before you make your list of dream picks, call a meeting with Mom and Dad to discuss location and cost and to help manage their expectations of where you might apply. (Maybe you're just not into their alma mater!)



YOUR OPTIONS

■ Far Away

PROS: You'll experience new things, and your independence will soar.
CONS: Homesickness may kick in and traveling during peak times can be expensive.

■ Close to Home

PROS: Opting out of dorm life saves money, and Mom is always around to lend support.
CONS: Mom is *always* around, and it will feel like less of an adventure.

vs.

□ Big

PROS: Lots of majors to choose from (you can easily switch from art to law) and people to meet.
CONS: You could feel like just a number in a lecture hall of 400, and you probably won't be on a first-name basis with your professors.

□ Small

PROS: A tight-knit vibe, familiar faces around campus, and more chances to stand out.
CONS: Fewer things to do if you're quickly bored, and not as many class offerings means the courses you want may fill up quickly.

vs.

■ Rural

PROS: A strong school spirit and picture-perfect campuses that look straight out of a movie.
CONS: You may blow your budget on gas to find a decent burrito—or to get to the closest train station for visits home, too.

■ City

PROS: Lots of noncollege-y things to do and plenty of access to transportation.
CONS: Lack of common space, a high cost of living, and noise that won't stop—even when you're up late studying.

vs.



□ Coed

PROS: Offers a more traditional experience and let's be honest—a chance to meet cute guys, too.
CONS: Beware the Bro Culture, like guys throwing shade your way in computer science class. (Prove 'em wrong!)

□ Women's Only

PROS: Every leadership position is held by a woman and you'll leave school with a super-strong network of alums.
CONS: The scarcity of guys on campus can mean less diversity of opinion and less of a real-world feel.

vs.

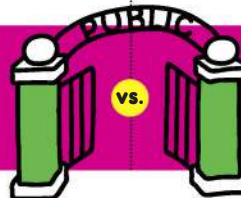
■ Private

PROS: Class sizes tend to be smaller.
CONS: More expensive.

■ Public

PROS: More affordable.
CONS: Large campuses can be overwhelming.

vs.



CAMPUS CULTURE

□ Academic

PROS: No shortage of philosophical convos to engage in.
CONS: If you struggled through your AP courses, this type of setting may prove more stressful than satisfying.

□ Sports-Minded

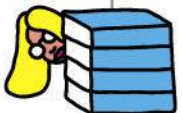
PROS: You'll be able to spend Saturdays cheering on the home team. (Fun!)
CONS: If you have zero interest in learning the school fight song, you may get tired of sitting around eating wings again. (Not so fun.)

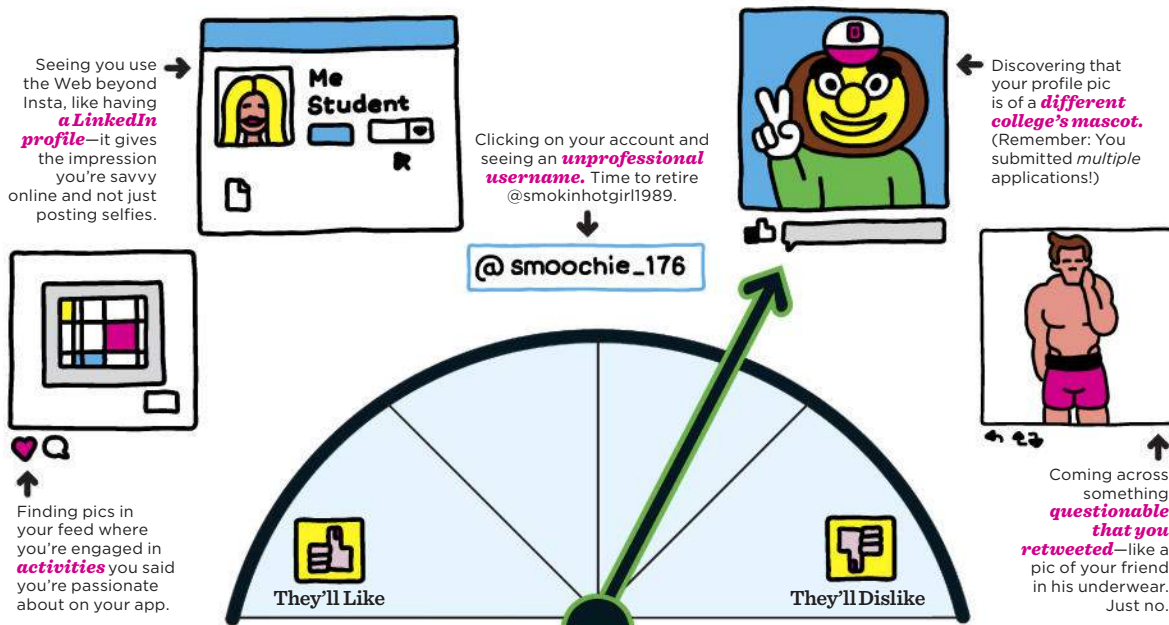
□ Artsy

PROS: You'll be able to flex your creative muscles and find a new BFF who appreciates poetry slams as much as you do.
CONS: If flashbacks of the school play give you hives, then . . .

□ Greek

PROS: You'll find a like-minded squad quickly.
CONS: If you're not interested in pledging, you might feel left out.





Your Social Media Game Plan

Yikes! One in six admissions officers has found something online that hurt an applicant's chances of getting accepted, according to a survey by Kaplan Test Prep. So read this before you post anything else.



Max Out Your Privacy Settings

Make your profile private, and require approval for anything added to your Facebook timeline—including tagged photos—says Michael Fertik, the founder and CEO of reputation.com, a company that specializes in improving your online image.



Do a Deep Read of Your Profile

Check to see if there's anything that, taken out of context, could be misinterpreted, Fertik says. If you wouldn't want your grandma to see it, delete it! And don't just look at recent stuff—go all the way back to your middle-school years.



Gut-Check Your Friend List

If you're connected to a loose cannon or someone you don't know very well, it may be time to un-friend them. (Sorry to that guy you met once!) You don't want to risk the chance of people making controversial comments on something you post.

OMG!

Confessions of a Former Admissions Officer

Curious about what colleges *really* want to see from you before stamping a big red "Admit!" onto an application? Well, since you asked...

by Rachel Toor

→ They love when you show interest—but not too much

Don't be a try-hard. Once I asked a prospective student to tell me something that would surprise me. The teen told me his nickname was Twinkie. Perfect. Then a week later, a box of Twinkies showed up at my office. Not so perfect. A handwritten thank-you note from Twinkie would have been enough.

→ They worry when you can't follow instructions

If an application asks for two letters of recommendation and you send in **a stack as thick as the script for *The Hunger Games***, admissions officers won't read them. More important, when I saw a student send in 10, 15, or 70 (yes, it happened) letters, it told me the person was trying to hide something.

→ They want to see your personality

School reps like to see the real you—not a boring fake. When a student showed up and asked me a bunch of canned questions ("What would you change about your school?"), I knew it was going to be a *verrry* long interview. **Ask questions but only about things you truly care about.** An admissions officer would rather spend time getting to know you. You love *Switched at Birth*, too?

→ Remember: They're not against you

Do you want to know **a dirty little secret?** Admissions officers really want to love you.

Rachel Toor was an admissions officer at Duke University and is the author of On the Road to Find Out.

Nail Every Deadline

Start loading your iCal with these dates and reminders.



25

of students a
nine or more c
but, hello, app fe
cheap! Aim for tw
schools, two w
your reach, and
safety picks.

Your Senior Year

SEPTEMBER

☐ Ask teachers for recommendations if you didn't do it last school year. If you did request letters, remind your teachers of deadlines.

☐ Meet with your guidance counselor to discuss which schools you should be applying to. While you're there, ask about scholarships, too.

☐ Take the ACT, and if you want to take the SAT or SAT Subject Tests one more time, register now.

☐ Check out the Common App so you get a feel for it and see which schools require extra essays.

☐ If you're applying early action or early decision, finish your essays by the end of the month.

OCTOBER

☐ During the first week of the month, submit transcript requests to your guidance counselor for each school you are applying to.

☐ If you want to take the ACT one more time, sign up for the December test date. (Note: That will be the last chance to take it in time for app deadlines.)

☐ If you're applying early action or early decision, complete your applications and submit them by the end of October.



NOVEMBER

☐ Check in on your transcripts and letters of recommendation to make sure that they'll be in on time.

☐ Make sure your essay has been reviewed by at least a few people before Thanksgiving.

DECEMBER

☐ Complete your applications before the end of the month—be sure to check each school for its specific deadline.

☐ Submit any apps at least 24 hours ahead of the deadline.

EARLY DECISION VS. EARLY ACTION

Early decision applications are binding, so you can only pursue this option for one school. If you're accepted, you'll be expected to enroll. With early action, you can apply to several colleges with no pressure to attend any of them if you're admitted. So why bother? An early application can often boost your chances of getting into your first choice.



IMPORTANT TEST DATES!

SAT and SAT Subject Tests:
October 3
November 7
December 5
January 23

ACT and ACT Writing:
September 12
October 24
December 12

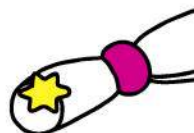
JANUARY

☐ If you have early decision offer, send in your acceptance (Congrats!)

☐ As soon as your parents have their financial aid available from the previous year, start working on your FAFSA application at fafsa.gov.

☐ Study for—and ace—your midterms! Senior year grades matter to colleges, and some will revoke admission if your report card is a mess.

☐ Now wait for those acceptance letters to start rolling in this spring!



50%
 apply to
 colleges—
 es aren't
 o dream
 ithin
 two

MUST-HAVE ORGANIZER!

The Edwin (\$50, theedwin.com) can be a game changer. Created by a college counselor, it keeps your awards and transcripts in one place. Plus, it has checklists and tips on everything from college tours to scholarship info for when you start applying.

If You're a Freshman or a Sophomore

- ☐ Read a ton (it helps with your vocab)—yes, John Green counts!
- ☐ Sign up for challenging classes—but don't overextend yourself. It's more important to do well in one AP subject than barely pass a handful of honors courses.
- ☐ Start experimenting with extracurriculars to see what you like.
- ☐ Try some practice SAT reasoning tests and the ACT with writing tests online to figure out which you do better on.

If You're a Junior

- ☐ Keep reading—and, yes, John Green *still* counts!
- ☐ Get to know your guidance counselor at the start of the year, and give her a list of your activities and interests to make it easier for her to recommend colleges for you.
- ☐ Instead of throwing yourself into every activity at school, choose what you've liked best so far and find a way to make a splash, like organizing a performance with the school band at a senior center.
- ☐ Start exploring colleges online and going on visits.
- ☐ Look into SAT registration dates, and plan on taking it in the spring.
- ☐ In March or April, register for SAT Subject Tests in courses you've aced.
- ☐ Speak up in class so your teachers know who you are. Then at the end of the school year, ask two of your faves for letters of recommendation.

OOPS

So You Totally Procrastinated...

We've got you! Here's how to write your essay in one day. (You're welcome.)

9:00 A.M.

Forget about FOMO and turn off your phone! Better yet: Give it to your parents so you don't start scrolling through Insta out of habit. It's time to get serious.

9:03 A.M.

Stumped on what to write? Ask your family or friends to share what they find interesting about you. It can stir up ideas about the direction your essay should take.

10:00 A.M.

Don't start by trying to craft the ideal first line. Just get everything out of your head and onto paper—it doesn't need to be perfect.

Noon

Once you write down your ideas, organize your thoughts by subject to create some structure.

1:30 P.M.

You're probably fading, so pause for lunch and a dance break with Queen Bey to get the endorphins pumping. Then keep editing.

2:00 P.M.

Read your first draft to a friend—and be open to feedback. A fresh set of eyes will be helpful after you've stared at a screen for hours.

3:00 P.M.

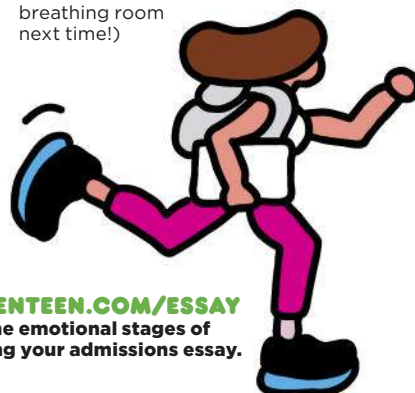
As you work on finishing touches, snack on blueberries—the antioxidants help you focus.

5:30 P.M.

Print it out for a final read.

6:00 P.M.

Submit. (And hey, give yourself a little breathing room next time!)



SEVENTEEN.COM/ESSAY
 The emotional stages of writing your admissions essay.

Essay Do's+Don'ts

If you're at a loss for words, Michele Hernandez, a college counselor and cofounder of Top Tier Admissions, schools you on how to make yourself stand out on paper. Write on!

My grandmother was the most wonderful woman in the world. Even my dog loved her—until she died.

DON'T try to grab attention by focusing your essay on a sad tale, like your grandma's death. Not only is it a common topic—but you want to make this all about you.

I started watching sci-fi movies with my dad when I was in middle school. Seeing all of those cool worlds and characters inspired me to start writing stories of my own.

DO write about your interests! Even if you think your experience is pretty typical, your perspective won't be. So go ahead and brag about how perfecting your soccer kick sparked your love of physics.

My school offered a lot of activities, so I joined as many groups as I could, including student council, ski club, debate team, track, photography club, band, chess club, and the math team.

DON'T simply rattle off a list of your accomplishments. Your achievements will appear elsewhere in your app, so use this space to discuss a different side of yourself or a meaningful experience you had in one club.

DO let your parents read your draft for spelling and grammar errors. But . . .

DON'T let them do any real editing. An admissions officer can spot a paper that a parent helped with from miles away.

I went to camp in Vermont last summer. It was there that I discovered my passion for organic farming. Then I went home and made a plan to plant my own garden.

REGRETS

"I should have dedicated more time to carefully plan and revise my essay."

—Nickie, 19,
University of California,
Berkeley

DON'T use too many fancy SAT words. Trying to sound overly intellectual can actually hurt you more than help you. Colleges know the average high school senior doesn't ponder the "sagacity" of Margo in *Paper Towns*.

After my trip to Europe, I knew I wanted to absquatulate my hometown and move there.

DO print it out before hitting submit. The online form can be buggy, so if you copy and paste your doc into the Common App, formatting could be weird or the end of it could get chopped off.



Panicking Over a Not-So-Awesome Grade?

Your three-step plan for how to turn that small #fail into a big win.



1 Let Someone Else Talk You Up
In your guidance counselor's letter to admissions, ask her to address why she thinks you're a good candidate despite your transcript.

2 Focus on the Positive
Use your essay to show how you've grown. If you started a tutoring network after you saw how much a little extra help benefited you, tell folks about it!

3 Show Your Sparkle
Don't sweat your missteps. Remember that everyone else will be singing their own praises. So don't be afraid to pump yourself up, too.

EEK! Calm Down. It's Only a Test!

Signing up for the SAT? ACT? APs? NBD! Here's everything to know about precollege exams and how to master them.



WHAT SHOULD I TAKE ANYWAY?

SAT

Focuses on vocab and doesn't test you on more advanced math like the ACT. Scores are broken down into three sections—critical reading, math, and writing—so you'll want to do well in all of them.

ACT

In addition to English, math, and reading, it will test you on science, so if that's an area you love, it may be an opportunity to shine—and pump up your results. Scores from all sections are combined into one composite score.

ACT Writing

An optional add-on to the ACT (but required by some schools). Many feel the essay prompts are more straightforward than the SAT ones.

SAT Subject Tests

Twenty exams are offered in a variety of subjects such as literature or chemistry.

Not required everywhere, but acing them can help get you noticed—in a good way.

Advanced Placement

APs are offered in 37 subjects. Not often required, but they're favored by many top schools—and by taking them, you can earn college credits or bypass intro classes.



HOW TO PREP WITHOUT SPENDING A DIME

Go to the Source!

Check out sat.collegeboard.org/practice or actstudent.org/testprep. You'll get free sample tests, extra practice questions, and study tips. The SAT even has video tutorials through Khan Academy.

PSSST . . .

High school juniors, listen up! In March 2016, the SAT format is changing—the essay will be optional, and there will be no penalty for wrong answers. Check sat.collegeboard.org to learn more.

Head to the Library

Yes, they still exist. Even if you haven't been in ages (or ever), you'll get free access to some of the best test-prep books. Some libraries even host no-cost SAT- and ACT-specific tutoring groups or study sessions.

Download an App

There are tons of options. One fave: Edupath SAT Prep—it's free and it'll help you prep for the big day.

Hit Up Someone Older for Help

Your big bro or friends most likely have a test-prep book stuffed somewhere. Sure, they put out new versions every year, but any copy published in the last couple of years will have the basic info.



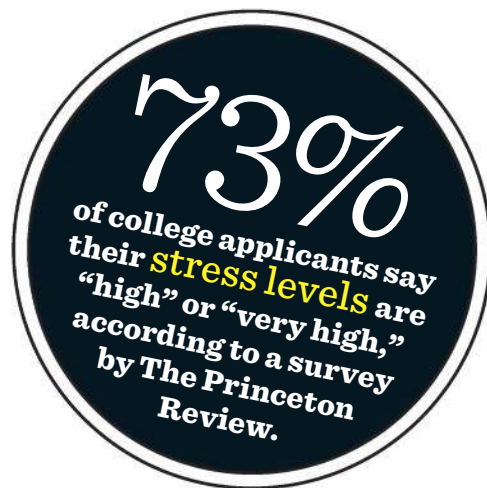
DE-STRESS PRETEST

Word Play

Leading up to T-Day, change your passwords to something positive so you're getting a pep talk every time you log in.

Top Tips

Give yourself a mani in an amp-you-up shade (like



REGRETS

"I wish I would have realized that SAT and ACT scores aren't the be-all and end-all. Most colleges understand that you could have had an off day and that one test score doesn't define you."

—Jillian, 20, Emory University

Sally Hansen Insta-Dri in Go For Gold, \$5, drugstores) so when you glance down, you'll feel motivated.

It's All Write

For exam anxiety, bring a pencil stamped with a reminder of your fave things, like No. 2s created by Amanda Catherine Design that say "Donuts & Polka Dot Pajamas." (\$12 for a set of six, etsy.com/shop/ACDShop).

Super Scents

Dab your wrists with a drop of calming essential oils, like bergamot, lavender, and wild orange.



TESTING COSTS GOT YOU DOWN?

If SAT or ACT registration is outside of your family's budget, talk to your school counselor about getting a fee waiver. Be prepared to show tax documents to qualify for the financial aid.

YOUR
CHEAT SHEET
TO...

COOL SCHOOL SUPPLIES

Get honors in 'gramming with one of these A+ hauls. By **ALEX ABEL**

Bright Ideas

PAIR YOUR BRAIN
POWER WITH A FEW FUN
TOOLS AND YOU'LL PASS
EVERY SUBJECT WITH
FLYING COLORS.

10
DIY Monogram Stickers
Target, \$2 per pack, target.com

9
"Stay Focused" Notebook
Paper Source, \$10, papersource.com

8
Geometric Pencil Set
See Jane Work, \$9 for set of eight, seejanework.com

11
Macaron Eraser Set
Office Depot, \$1, Office Depot stores and OfficeMax stores

12
Fuzzy Pencil Case
Yoobi, \$4, yoobi.com

1
"Awesome" Sticky Notes
Knock Knock, \$4, knockknockstuff.com

13
Poly Pocket Folder
Poppin, \$2, poppin.com

3
Colored Rulers
Poppin, \$8 each, poppin.com

2
Jewel-Tone Pushpins
The Container Store, \$6 for pack of 100, containerstore.com

4
Ice Cream Earbuds
Ankit, \$15, theankit.com

5
Bendable Calculator
Office Depot, \$4, Office Depot stores and OfficeMax stores

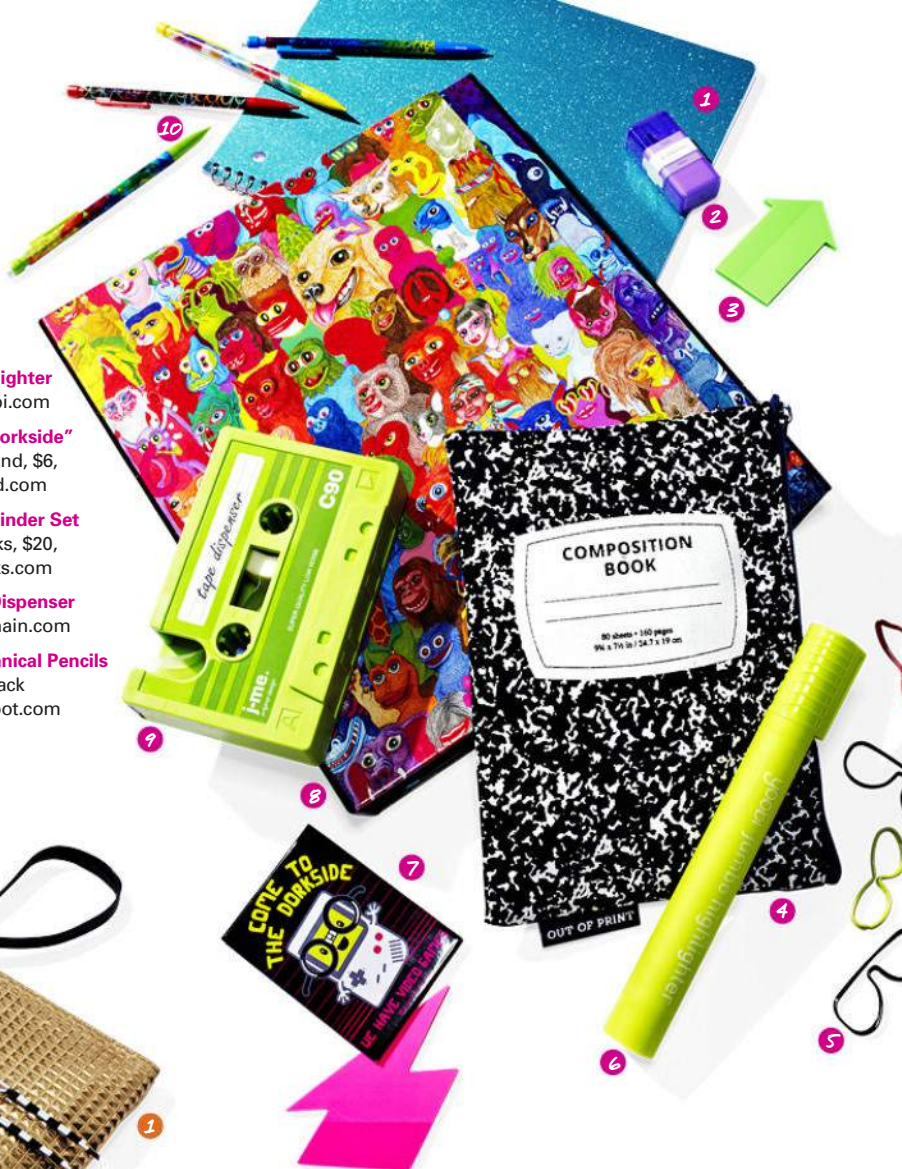
7
Color-Coded Rubber Bands
The Container Store, \$3 per pack, containerstore.com

6
Brite Liner Erasable Highlighter
BIC, \$3 for pack of three, staples.com

Quirk Out

BEFORE YOU POST YOUR NEXT
#TBT, LOAD UP ON THESE
ADORKABLE RETRO FINDS.

1. **Mead Fashion Notebook**
Target, \$3, target.com
2. **Purple Eraser/Sharpener Combo** Office Depot, \$1,
Office Depot stores and
OfficeMax stores
3. **Arrow and Lightning Bolt
Hi-Voltage Sticky Notes**
Walmart, \$2, Walmart stores
4. **Composition Notebook
Pouch** Out of Print, \$12,
outofprintclothing.com
5. **Specs Paper Clips by Umbra**
The Container Store, \$7 for pack
of 10, containerstore.com
6. **Jumbo Highlighter**
Yoobi, \$3, yoobi.com
7. **"Come to the Dorkside"
Magnet** Plasticland, \$6,
shopplasticland.com
8. **Monster Alien Binder Set**
Plumb Notebooks, \$20,
plumbnotebooks.com
9. **Cassette Tape Dispenser**
11 Main, \$19, 11main.com
10. **X-tra Craze Mechanical Pencils**
BIC, \$3 for pack
of four, officedepot.com



Glam Goals

DREAM BIG! THESE LUXE GOODIES WILL EARN YOU A
GOLD STAR FOR CUTENESS.

1. **Xhilaration Pencil Pouch**
Target, \$5, target.com
2. **X-Large Stripe Paper Clips**
The Container Store,
\$7 for pack of eight,
containerstore.com
3. **"Blah Blah Blah" Notebook**
Staples, \$3, staples.com
4. **Petite Notes** Sugar Paper,
\$10, sugarpaper.com
5. **Foil Pencils** See Jane Work,
\$14 for pack of eight,
seejanework.com
6. **Leopard Earbuds**
Forever 21, \$7, forever21.com
7. **Mead Fashion Notebook**
Target, \$3, target.com
8. **Acrylic Stapler**
Russell + Hazel, \$18,
russellandhazel.com

INTERVIEW

FLIPPING OUT

"During my first semester of college, my roommate and I didn't have class until the afternoon, so I decided to show off my cooking skills and make us pancakes in our building's community kitchen. The space was super-small, so it got really hot and smoky in there. I turned the stove down and tried to get all the smoke out quickly, but it didn't work. The smoke alarm went off and everyone was forced to evacuate the building, including my roomie, who had been in the shower! Everybody knew it was my fault. From then on, when I'd introduce myself to people, they already knew me as Pancake Girl! Epic. Fail."

What a Trip

"I was gearing up to run my first half marathon at the end of the summer. When race day arrived, I was so excited. My family and friends came to watch and found a spot along the course where they could cheer me on. Well, I was so in the zone that when I finally saw them, it startled

me and I tripped and fell! I almost took down three other runners!

Plus, my mom caught it all on camera. Not my best moment."



Oh. My. Awkward.

RAMA

Crash Course

"I was in Target, checking out some cute mugs. I was picking them up and putting them down when this guy next to me sneezed really loudly. Seriously, it sounded like the Hulk was in the store. I jumped—knocking over a whole stack of mugs, which just smashed to the ground. I'm convinced I'm blacklisted at that Target now."



EYE LITERALLY CAN'T

"I was obsessed with a purple eye pencil and wore it on the first day of school. My friends liked it on me, but in homeroom, my eyes starting itching. Then the cute guy next to me leaned over to tell me they were red. I opened my phone camera to check, and sure enough, they were so swollen. I was allergic to my dream liner! I actually had to call my mom to take me home early. Worst first day ever."



It's the Pits

"My boyfriend and I had been dating for two months, and since it was new, I was mega-excited when he asked me to dinner with his fam for his birthday. Being that dinner was at a nicer place, I dressed to impress in a gold silk blouse. I was so nervous about making a good impression, though, that I ended up sweating right through my shirt. It was so obvious. I had to hold my arms down all night. Not cute!"



PLEASE HOLD

“My school in Australia had a pretty strict bathroom policy—you have to get a pass before you can go. One time, I really needed one, but my teacher was talking to someone and told me to wait. A few minutes later, I walked up to ask again, but she still told me to hold on. By then I had been waiting longer than I could handle and I just peed right there in front of the whole class! People still bring it up when I go back home and visit.”

CELEB TRAUMA!



—ALLI SIMPSON

Go Back
to School
in Style
with
Duck Tape®

DUCK TAPE®
THE ORIGINAL BRAND DUCT TAPE

View hundreds of colors & designs and free project ideas at:

duckbrand.com



HOROSCOPES

By
Sally
Brompton

Aquarius

Jan 20–Feb 18

Confrontations are not usually your style, but on the 8th, someone will cross the line with you big-time. Under the influence of your ruler, Uranus, and fiery Mars, you'll let the person know you're totally on to his or her BS and won't stand for it. Everyone will be afraid to mess with you after that!

Pisces

Feb 19–Mar 20

You're the dreamiest sign of the zodiac, and you know that most people give you a free pass when you act a little, um, spacey. But as Jupiter opposes Neptune on the 17th, you won't be able to come and go as you please. Live up to your responsibilities and you'll be golden. Otherwise, you'll face not-such-fun consequences!

Aries

Mar 21–Apr 19

Hold up, Aries! You may jump to the wrong conclusion about what your BFF is up to as the sun opposes Neptune on the 1st. If she finds out you rushed to judgment before even *asking* her about it, she won't be happy—especially if the guy she's been hanging with is just a friend! She'll explain the situation in her own time.

Taurus

Apr 20–May 20

The solar eclipse on the 13th will kick off a super-creative phase for you. Now's the time to follow your heart's desire—even if your friends don't really get it at first. Music, dance, and drama will all be under excellent stars, so seek out a class or a mentor to help you realize your vision. Your pals will come around eventually!

Gemini

May 21–Jun 20

You're not exactly a stranger to goofing off, but a few of your slacker-ish friends are making it even harder for you to focus these days. NBD, but there is a bunch of stuff you would *love* to accomplish this school year and beyond! Luckily, Saturn will step in on the 18th and encourage you to buckle down. Game on, Gem!

Cancer

Jun 21–Jul 22

At the start of the month, you may crave a bit of "me time." Totally a Crab's prerogative—but your crew may get worried about your radio silence. You'll ease their minds on the 25th, when Pluto inspires you to get social again. Looking for a great way for everyone to regroup? Hit up a cool concert or cheer on a school team!

Leo

Jul 23–Aug 22

Misunderstandings are likely when Mercury, the planet of communication, turns retrograde on the 17th. Ugh. Whether you're dealing with your teachers, your parents, or your bae (or all of 'em), stick to one issue at a time and be direct. With the stars kicking up this much confusion, you've *got* to be utterly clear!

Virgo

Aug 23–Sep 22

When Mars bounds into your sign on the 25th, you'll feel laser-focused and pumped with energy. You'll put those superpowers to good use by planning a huge event for the weekend of the 26th. To be sure things go smoothly, arrange the details yourself beforehand. The day of, your squad can be called on to assist!

Libra

Sep 23–Oct 22

Since summer vacay ended, you've been feeling a bit down, but there's a lot to look forward to—like your B-day for one! You just need to hang tight till the 23rd, when the sun moves out of your chart's most sensitive area. *Psst:* That girl who makes you laugh no matter what? She'd be psyched for a chance to cheer you up!

Scorpio

Oct 23–Nov 21

Whoa, some tension has been brewing between you and another girl in your group! When a hostile link forms between Mercury and Pluto on the 9th, you could have a blowout of *epic* proportions. To avoid all that drama, make chill plans with other friends that day. Your temper—and hers—will cool down soon.

Sagittarius

Nov 22–Dec 21

Even though you're excited to reconnect with everyone at school, you've been missing your summer fling in a major way. With the universe's help, you two could figure out a way to keep your romance alive! Love planet Venus will shift in your favor on the 6th, making it the *perfect* day to devise a doable LDR plan. Sweet!

Capricorn

Dec 22–Jan 19

For ages, your bestie has been telling you a certain someone is bad news (you know who), but you ignored her warnings because you thought she was kinda jealous. Well, the lunar eclipse on the 28th will reveal she may have been right all along. Bummer! On the plus side, it's just further proof that *she'll* always have your back.

Enter for a Chance to Win...

COZY BEDDING & MORE!

Five winners will score this patchwork set!



Exclusively from the
Seventeen
Bedding
Collection at
kohls.com



10 Winners get a
jewelry box from
Deny Designs
[FEATHERED NEST]



45 winners land new
wall art from Easy, Tiger
[SMALL TALK]

MORE COOL GIVEAWAYS

20 winners
score a tapestry
from Ankit
[CHILL VIBES]



HOW TO ENTER: Starting August 4, log on to seventeen.com/freebies to find all prizes from this issue. Enter your info and the code words in brackets to be eligible to win. Each Freebie will be live through September 14. See right for details.

SWEEPSTAKES RULES

NO PURCHASE NECESSARY TO ENTER OR WIN. Sponsored by Hearst Communications, Inc. Must be female, between the ages of 13 and 29, and a legal resident of the 50 United States, District of Columbia, or Canada. Void in Puerto Rico, Quebec Province, and where prohibited by law, unless otherwise noted. Odds of winning depend on the number of eligible entries received.

HOW TO ENTER THE SEPTEMBER FREEBIES SWEEPSTAKES (left): Sponsored by Hearst Communications, Inc. Beginning August 4, 2015, at 12:00 A.M. ET, through September 14, 2015, at 12:00 A.M. ET, go to seventeen.com/freebies on a computer or a wireless device and complete the entry form pursuant to the on-screen instructions. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Five (5) Winners will each receive a bedding set from the *Seventeen* Bedding Collection at kohls.com; approximate retail value: \$200. Fifteen (15) Winners will each receive an "Easy, Tiger" Gold Foil Art Print from Easy, Tiger; approximate retail value: \$35. Fifteen (15) Winners will each receive a "Hello" Cyan Art Print from Easy, Tiger; approximate retail value: \$35. Fifteen (15) Winners will each receive a "Blah Blah Blah" Gold Foil Art Print from Easy, Tiger; approximate retail value: \$15. Ten (10) Winners will each receive a Terry Fan "Purple Feathers" Jewelry Box from Deny Designs; approximate retail value: \$59. Twenty (20) Winners will each receive a Floral Medallion Tapestry from Ankit; approximate retail value: \$50. Total approximate retail value: \$3,865. Open to legal residents of the 50 United States and the District of Columbia, ages 13–29 in their state or territory of residence at time of entry. Legal residents of Canada (excluding Quebec) who have reached the aforementioned age in their province of residence at time of entry are also eligible to enter. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at seventeen.com/freebies.

HOW TO ENTER THE READER-FEEDBACK SURVEY (page 20): There are two (2) ways to enter beginning December 1, 2014, at 12:01 A.M. ET, through December 31, 2015, at 11:59 P.M. ET: Go to septembersurvey.seventeen.com on either 1) a computer or 2) a wireless device and complete and submit the entry form pursuant to the on-screen instructions. One (1) Winner will receive a \$500 American Express Gift Check; five (5) Second Place Winners will receive a \$100 American Express Gift Check. Total approximate retail value: \$1,000. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Must have reached the age of majority and be a legal resident of the 50 United States, the District of Columbia, or Canada (excluding Quebec). Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at septembersurvey.seventeen.com.

Scholarships
FIDM
Fashion Club.com
PRIZES
FASHION TIPS
TEXT "FC17" TO 57682 TO SUBSCRIBE
TO OUR MONTHLY EMAIL.
MSG&DATA RATES APPLY.
REPLY STOP TO CANCEL, HELP FOR HELP.

MINDY KALING

The *Why Not Me?* author shares the surprising secret to how she got so funny.

I was pretty nerdy in high school. I never had a boyfriend or anything, but I had plenty of crushes. They were private and exciting and gave me a way to connect with handsome, popular guys without ever needing to talk to them. Being single also gave me time to realize my real passion: comedy. I was obsessed with *Saturday Night Live* and had a massive crush on cast member Dana Carvey. (Head to Yahoo Screen right now and search for his Church Lady clips!) I thought we would get married and, because he was so talented, my parents would have been fine with my underage relationship with a 40-year-old comedian.

At school, I decided to work on being a performer. I tried out for every play but never got cast in any big part. They cast the same popular, pretty people over and over while I played a hobo or a homeless woman for, like, nine consecutive productions. That was really hard. I had such an inherent trust in adults that all I could think was: This must mean I'm actually really bad at this. When I said something I thought was witty in class, that didn't go over well, either. Funny was

for boys, for the class clown doing pratfalls or fart jokes who the teachers would reprimand in this laughing, we're-not-really-angry kind of way. Everyone acted like it was inappropriate for a girl to be funny, as if I was there to be an audience for the guys, not to be providing comedy myself. It was so unfair! So I did the best I could, tried to get good grades, and was happy being the background character in all the plays. By my senior year, I was so ready to get out of there and go to college.



"I remember feeling that if you weren't gorgeous—just funny—you had no value," says Mindy (at age 19).



"High school was fun but also a little bit painful," she says. "But like most painful experiences, it helped me become a better writer."

At Dartmouth, everything was different. I majored in theater. I took writing classes and joined my improv troupe, where gender and how I looked didn't matter. I finally got to do and express what I was passionate about. The best part? People thought I was funny, and that gave me confidence and made me try more stuff, which made me funnier! I started to realize that high school had made me an expert on how people engage with each other—and those observations would be my recipe for comedy-writing success.

Being expressive is important and I want you to feel like you are worthy of being heard, but there's value in listening, too. It makes you more perceptive, more sensitive to how people really work. So when you finally take your place in the spotlight—whether it's doing your own TV show or whatever it turns out to be—you can put all those stored-up goodies to work. And you'll be so brilliant that no one will be able to look away.

THE
REAL
COST

**BECAUSE MY HAIR SPRAY IS, LIKE,
TOTALLY FLAMMABLE. #ReasonsNotToSmoke**

With a toxic mix of over 7,000 chemicals in a single puff, any reason is a brilliant reason not to smoke. Share yours.



ALL **BLUSHED**. NEVER HUSHED.

DARE TO GO NUDE.

NEW THE *blushed* NUDES PALETTE

Our newest 12-shade collection, curated to create infinite looks with bolder blushes, provocative plums, and risqué roses.



MAYBELLINE.com/blushednudes
Adriana is wearing New The Blushed Nudes Palette
from Maybelline® New York.

MAYBELLINE

MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®

©2015 Maybelline LLC.

NEW YORK